

## **101 Verbs of Violence**

1. Hit	
2. Punch	
3. Slap	
4. Smack	
5. Beat	
6. Batter	
7. Pound	
8. Pummel	
9. Hammer	
10. Clobber	
11. Smash	
12. Sock	
13. Belt	
14. Spank	
15. Strike	
16. Wallop	
17. Knock out	
18. Whip	
19. Push	
20. Shove	
21. Slam	
22. Poke	
23. Jab	
24. Grab	
25. Grasp	
26. Grip	
27. Catch hold of	
28. Seize	
29. Snatch	
30. Kick	
31. Trip	
32. Boot	
33. Stamp	
34. Stomp	
35. Trample	
36. Run over	
37. Pinch	
38. Scratch	

39. Pull hair	
40. Bite	
41. Burn	
42. Set on fire	
43. Scald	
44. Grapple	
45. Wrestle	
46. Scuffle	
47. Tackle	
48. Struggle	
49. Strangle	
50. Choke	
51. Smother	
52. Gag	
53. Suffocate	
54. Asphyxiate	
55. Drown	
56. Squeeze	
57. Squash	
58. Crush	
59. Rip	
60. Knife	
61. Stab	
62. Cut	
63. Nick	
64. Slice	
65. Carve	
66. Slit	
67. Gash	
68. Slash	
69. Hack	
70. Sever	
71. Behead	
72. Decapitate	
73. Dismember	
74. Shoot	
75. Blast	
76. Fire	
77. Open fire	
78. Restrain	

79. Tie up	
80. Confine	
81. Kidnap	
82. Abduct	
83. Torture	
84. Maim	
85. Cripple	
86. Disable	
87. Disfigure	
88. Mutilate	
89. Poison	
90. Murder	
91. Hurt	
92. Threaten	
93. Menace	
94. Intimidate	
95. Molest	
96. Interfere	
97. Coerce	
98. Stalk	
99. Ambush	
100. Waylay	
101. Sabotage	