



# Inspire

*Action for Social Change*

## **Supervised Visitation Immersion Training for Working with American Indian and Alaskan Native Survivors and Families**

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This project was supported by Grant No. 2015-TA-AX-K020 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program are those of the authors and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

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## **I. Introduction and Grounding of Training as it Relates to Working with American Indian and Alaska Native Families**

The executive directors of Inspire Action for Social Change (Inspire Action) have been working to strengthen the field of supervised visitation since 2008. Over the years, Inspire Action has had the good fortune and privilege to partner with and learn from the staff at Mending the Sacred Hoop. In August of 2016, staff from Inspire Action was asked by Mending the Sacred Hoop to provide two workshops on supervised visitation at the 1st Annual Tribal Governments Program Summit. Participants in the workshops discussed how visitation services were being delivered, demonstrating that with these barriers, visitation and exchanges were often occurring in dangerous ways, and in some instances compromised victim safety. Participants also discussed the lack of local services and the dire need for them. Without visitation services that are culturally relevant and responsive to American Indian and Alaska Native survivors and their families, many remain at risk and without the support and safety that can be afforded by a program that is designed to meet the unique needs of this community. This learning exchange ignited new conversations between Inspire Action and Mending the Sacred Hoop which lead to a collaboration that created this newly adapted training designed to meet the unique needs of American Indian and Alaska Native Communities, in a culturally responsive way that builds program capacity while enhancing safety for adult and child survivors.

The development of this specialized curriculum adaptation was informed by the expertise of Jeremy Nevilles-Sorell, Training and Resources Director of Mending the Sacred Hoop. Jeremy has worked as an advocate and supervised visitation provider, and has been delivering training and technical assistance to Native communities since 1998. To further support the development of this project, Inspire Action and Mending the Sacred Hoop staff hosted a listening session on supervised visitation and the

needs of in native communities at the third annual Tribal Governments Program Summit.

The purpose of this American Indian - Alaska Native culturally specific immersion training is to further the capacity of supervised visitation programs in assisting native families and further develop the supervised visitation model to be effective in Native American communities across the country. Healing, peace, and balance are important aspects of American Indian -Alaska Native culture. Ozha Wahbeganniss is Ojibwe for Yellow Flower, which represents health, healing, peace, serenity, and the delicate balance of life. When experiencing violence, there is turmoil and harm, and those who hurt others have experienced harm, usually like children and go on to repeat that harm to others. The flower represents how Native American communities work with people to create a new sense of space and self and create new boundaries for themselves and others. The name was given to one of the first projects dedicated to looking at supervised visitation within American Indian and Alaska Native communities. As part of a ceremony to bless the collaboration between Mending the Sacred Hoop (MSH) and the Institute on Domestic Violence in the African American Community (IDVAAC, University of Minnesota). Together IDVAAC and MSH had been looking at the issues of child visitation in families where there is a history of domestic violence specifically attempting to understand the extent to which there is a need for visitation centers in Native communities and, if there is a need, how they should be designed. The leaders from IDVAAC and MSH gave tobacco to an elder and asked for a name when they first started the project. The elder asked what the project was and what they wanted to achieve. They shared that families separating from domestic violence and women and children being victims and witnesses to the violence and that the goal of visitation centers was to provide a safe space, help offending parents repair bonds with their children as well as help non-offending parents in their healing journey. The elder came back and said after smoking the tobacco and offering prayers, the image of a small yellow flower appeared. This flower represents health,

healing, peace, serenity, and the delicate balance of life needed to heal and move forward. It is our hope that we can support communities to hold this balance as they support survivors and children who experience harm as well as create space for change for those using violence.

American Indian and Alaska Native women experience the highest rate of violence of any group in the United States with per capita rates of more than twice the resident population. Homicide is the third leading cause of death for American Indian women with at least 75 percent being murdered by a family member or an acquaintance. Post-separation violence is common in intimate partner violence situations, and separation can serve as an impetus for increased abuse. Victims have reported that after separation, their former partners have stalked, harassed, verbally and emotionally abused, beaten, and sexually assaulted them. The parent who uses violence employs a wide variety of tactics, many of which involve the children, to try to retain power and control over the adult victim. Some examples include: showing up unexpectedly to see the children or changing visitation plans without notice, threatening or belittling the victimized parent during exchanges of the children, maintaining ongoing litigation around custody and visitation, making false child abuse or neglect reports, showering the children with gifts during visitations, undermining the victim parent's rules for the children, keeping the children longer than agreed upon or abducting them, or asking the children for information about what the victimized parent is doing and who she is seeing. Thus, custody and visitation arrangements are potentially dangerous for both the children and the abused parent.

American Indian and Alaska Native victims of domestic violence, in addition to the above referenced ongoing challenges around custody and visitation arrangements, face added complications that can impact safety such as complex court jurisdictional issues, institutional oppression and racism, geographical barriers, and limited community resources. Under a supervised visitation center program, communities have an opportunity to

design ways in which they can set-up or augment the provision of supervised visitation and exchange services for families that experienced intimate partner violence and account for survivor safety post-separation. “The vast majority of the domestic violence that goes on here is [due to the fact that] people are now unfamiliar with their own traditions and culture.”

—*Roundtable participant, 3rd Annual Tribal Government Program Summit  
September 26, 2018*

There are two major issues in establishing supervised visitation centers in Native American communities. First, when you look at a historical-cultural context of Native families, children were not property but part of the whole community with connections to extended family and clan systems. Prior to colonization, separation, and divorce was not an issue that was challenging for Native families. Historically separation and divorce were very simple for Native women; they could simply “put his moccasins outside the Wigwam” which meant he had to leave - only taking his shoes and whatever else he had on his person. Over the years, the loss of culture, tribal sovereignty, and mainstream assimilation has made Native communities as violent and vulnerable as mainstream America. However, communities have been actively working to reclaim their traditions, practices, and beliefs. Native communities have now been faced with the dilemma of creating a traditional response to a non-traditional issue.

Native survivors of domestic violence have been given very few resources to keep themselves and their children safe during this period of post-separation. Supervised visitation and exchange services in domestic violence cases have not been a remedy that widely exists in Native communities. Typically, leaving families to work parent-child contact arrangements out to their mutual satisfaction. When domestic violence is a factor, mutual satisfaction is rarely a reality. Most frequently, extended family members are responsible for arranging and carrying out visits or exchanges. While familial relationships are extremely important, family members can cause added conflict and increase safety issues for children

and adult victims. Extended family members often get in the middle of the disputes or wind up re-victimizing the parent that needs protection. In circumstances where the extended family can't be used, then native families are often left to use fast-food establishments, convenience stores, police stations and other public venues for visits and exchanges. These locations are not child-friendly, lack privacy, and safety is uncertain as no one is dedicated to observing or helping the family. Many Native communities have or are looking to implement supervised visitation and exchange services as a way to provide protection and safety to survivors and their children while still maintaining traditional culture. Numerous considerations exist unique to native communities that could impact the approach, development, and implementation of supervised visitation and exchange services particularly with the imposition of western norms, forced assimilation, and a social service structure.

**Some of these include:**

- Suspicion of established institutions, including law enforcement and social services.
- Limited resources and pervasive poverty influences different priorities for tribal communities.
- Insufficient infrastructure to build upon, such as deficient transportation, a lack of telephone and utility lines, inadequate cell tower coverage, a lack of space to hold services and an insufficient number of programs that could provide services.
- Varying understanding of intimate partner violence and post-separation violence.
- Diverse governing structures and models employed by tribes.
- Complex jurisdictional issues with few people truly understanding which laws and authoritative bodies apply in different circumstances.
- Inadequate awareness and appreciation of native issues by non-natives.

- The need to provide supervised visitation and exchange services in both urban and rural areas and on tribal land and off tribal land.
- The development of centers that could serve native and non-native individuals.

Supervised visitation and exchange services for families experiencing domestic violence are a much-needed resource for Native communities, but numerous considerations and challenges need to be addressed. Supervised visitation services must have safety as the overarching goal but also be able to account for limited resources and have the ability to interweave traditional values, and native teachings into the program.

The process to develop a Native local response that is blessed and accepted by the native community requires time, patience, and energy. However, the outcome of offering supportive services in a way that honors cultural values can help begin the process of healing that can have a long term impact on individuals, families, and the community.



## **II. Annotated Agenda**

### **Supervised Visitation Immersion Training for Working with American Indian and Alaska Native Survivors and Families**

#### **Facilitators:**

Jennifer Rose, Co-Director of Inspire Action for Social Change  
Beth McNamara, Co-Director of Inspire Action for Social Change  
Jeremy Nevilles, Mending the Sacred Hoop  
(All facilitators will co-facilitate each section)

The goal of the Supervised Visitation Immersion Training for Working with American Indian and Alaska Native Survivors and Families is to provide an interactive and intensive training designed to inspire and prepare trainees to become confidently equipped to operate a visitation center which addresses domestic violence, dating violence, child abuse, sexual assault, or stalking with American Indian and Alaska Native families and communities.

*As a result of this training, participants will be better able to:*

- Understand the experience of American Indian and Alaska Native adult and child victims who have experienced domestic violence, child abuse, sexual assault, stalking, and dating violence

- Incorporate into everyday practice with families a strong connection between understanding battering behavior and the role of the supervised visitation center.
- Develop a deeper understanding of themselves and their outlook on the world and how this guides and directs their responses and decisions in their work.
- Build a strong skills-based practice of conducting supervised visitation services with American Indian and Alaska Native women, men, and children.
- Engage and build relationships with American Indian and Alaska Native women, men, and children through listening and dialogue, intervention, de-escalation, and responses to children who refuse to visit.
- Engage a supportive framework for “in-the-moment” decision-making in supervised visitation services.

## Day 1

**9:00 AM**                      **Welcome and Introductions**

During this opening session, the faculty will go over the goals of Immersion Training, the ideas, and vision for creating a culturally responsive version of Immersion and set the tone for an open and thoughtful two days together. Additionally, the faculty will lead the group through an ice breaker that will include introductions.

**9:15 AM Overview, Grounding, and Ozha Wahbeganniss**

**“Yellow Flower”**

Historical context and the purpose of American Indian - Alaska Native Culturally Specific Supervised Visitation Immersion Training

**9:45 AM “The Way I See It” Experiential Exercise**

This exercise is designed to help ground participants in the lived experiences of American Indian and Alaska Native women, children, and men using visitation services. Additionally, it provides participants with information about particular families that will be used later in the training.

**10:30 AM Break**

**10:45 AM The Practice of Supervised Visitation: Staff Orientation Part 1**

Staff orientation is designed to help participants suspend how they do their work back home and explore new and different approaches to visitation services. In this section, participants will be introduced to the OVW supervised visitation Guiding Principles, leading strategies, and an “in the moment’ framework” they will use throughout the training.

**12:00 PM            Lunch**

**1:15 PM            The Practice of Supervised Visitation: Staff  
Orientation Part 2**

During part 2 of the staff orientation participants will be introduced to Inspire Action Visitation Center policies and procedures and additionally they will take part in an exercise that will allow participants to practice using the “in the moment” framework” using activity scenarios 1, 2, and 3

**2:15 PM            Break**

**2:30 PM            The Practice of Supervised Visitation: Staff  
Orientation Part 3**

During part 3 of the staff orientation participants will be introduced to Inspire Action self-reflection process, take part in the first self-reflection exercise of the training and will be introduced to the visitation planning concept.

**3:30 PM            Conducting a Visit Practice Session: Part 1**

In this mock visitation, participants will be divided into their two groups and will participate in mock visits and debrief conversations as a strategy for trying new approaches and utilizing the “in the moment” framework.

**4:45 PM            Wrap-up Discussion and Homework Assignment**

Participants will be asked to complete an additional self-reflection assignment prior to day 2 training. The self-reflection assignment will explore building a cultural understanding, explore similarities and differences as well as beliefs and assumptions about individuals and families using supervised visitation services (Worksheets C, D & E).

**5:00 PM            End of Day**

**Day 2**

**9:00 AM            Welcome Back, Opening Comments**

**9:10 AM            Staff Meeting #1 - Intervening in Supervised Visitation**

In the first staff meeting, participants will be introduced to approaches to facilitating a successful staff meeting. Using a staff meeting framework, participants will explore their hopes and fears, debrief their self-reflection homework, and participate in a family consultation session based on the mock visits that occurred the day before. In this section, we will also conduct the In-the-Moment decision-making activity (Scenarios 4, 5 & 6) and participants will be introduced to the purpose of interventions in supervised visitation and explore new strategies and approaches to intervening in visits. Participants will engage in an experiential exercise that will support critical thinking and understanding of interventions. Additionally, participants will develop skills and tools for intervening with American Indian and Alaska Native women, children, and men in a visitation center.

**10:15 AM            Break**

**10:30 AM            Conducting a Visit Practice Session: Part 2**

In this second mock visitation, participants will be divided into their pre-assigned groups and will participate in mock visits. At the conclusion of each mock visit session, we will conduct a debriefing session as a strategy for trying new approaches to working with American Indian and Alaska Native women, children, and men in a visitation setting.

**12:00 PM            Lunch**

**1:00 PM             Staff Meeting #2**

During this final staff meeting, participants will complete the final self-reflection activity (Worksheet F), engage in a final staff development segment addressing the unique needs of Native survivors and their families post-separation, and complete the In-the-Moment Decision-Making Practice Activity (Scenarios 7 & 8).

**2:30 PM             Break**

**2:45 PM             Moving Forward**

During this final section, participants will participate in both an individual and team action planning process. In this guided process, participants will explore areas of learning that they would like to take back to their local programs and communities.

**3:45 PM             Wrap-Up and Evaluation**

**4:00 PM**

**End of Day**

#### **IV. “The Way I See It” Experiential Exercise Materials specific to American Indian and Alaska Native Families**

##### **The Cloud Family TWISI Layers**

*Kathy L. Cloud (age 33), George Cloud (age 36) Sonny (boy - age 4), Lizzy (girl - age 1)*

##### **Kathy L. Cloud - ABUSE HAPPENS CARD**

My name is Kathy Cloud. I’m from a small tribe, Presbyterian, I have two children, and I used to teach at the grade school on the reservation.

George and I have been married for five years. My sister, Roberta, introduced us. I was already 27 and ready to settle down, so I was really swept away by all the excitement. For our first date, we went fishing with my sister and her husband. George and I didn’t catch a thing; we were too busy making eyes at each other... you could call it love at first sight.

Last night things went too far. I think George lost his mind. It was midnight, and I had just about fallen asleep when George elbowed me in the back and told me that he didn’t care that it was midnight – he was hungry, and I had better fix him something to eat! Of course, he wasn’t hungry at 6:00 PM when we were all eating. I was trying to wake up a little more, and he elbowed me again and said: “What, are you too good to fix your husband a meal?” He then grabbed me by the arm, squeezed it hard, and shoved me out of bed.

I got up and warmed up some leftovers to calm him down. When he was done eating, he asked me, “What’s the matter? Why are you acting so hateful?” He then went on to criticize me and call me names. He tells me

that I am a lousy cook, that I'm lazy and fat and I'd better stop passing off leftovers as his meal - the kids and I can eat those."

I know that if I talk back, he'll get more aggressive, so I just sit and listen. It's been this way pretty much since after the wedding. He even acts this way in front of our children, and I start thinking about what that's teaching them. As I lay awake for the rest of the night, I decide that I've had enough.

In the morning, I decide it's time to look into options.

### **What's next?**

If you want to talk with a domestic violence advocate,  
**go to ADVOCATE – Card #1**

If you want to speak with your pastor, John Berman,  
**go to CLERGY CARD #1**

### **George Cloud (George age 38)**

My name is George Cloud, and I had moved away from the reservation for school, ended up working and having a series of bad relationships, and ultimately decided to go home for a visit. When I was home, an old classmate introduced me to her sister Kathy.

It was very exciting, I go home for a weekend of relaxation and ended up in love and soon married. I love my wife, but things changed once we got married and had kids. She used to love to make me dinner, she loved doing anything for me, and now anytime I ask for anything all I get is this almighty attitude like she is above doing things for her husband. I don't understand why Kathy doesn't act like a good native woman. When I grew up, my mom took good care of my father and my father took care of the family – he made sure bills were paid, and we all had clothes on our backs. It's simple, take care of those who take care of you.



## **Kathy L. Cloud - ADVOCATE CARD #1**

I called the hotline number, and a woman asked me what's been going on. She sounded young, very young and She didn't sound Native. I was tempted to hang up the phone, but instead, I blurted out, "It's been five years. I have to leave my husband."

The woman asked me some questions and pretty soon I was telling her the whole story. I even told her about the time when George broke my nose in front of our children and the time, he cracked my rib. I haven't told anyone the truth about those injuries.

The young woman tells me that leaving can be a dangerous time and talks to me about a safety plan. We brainstorm a little bit about some places I could go, and she asks me if I have any friends or family who I could stay with. She also told me about the shelter.

### **What's next?**

If you want to go to your sister Roberta's house,

**go to FAMILY CARD #1**

If you want to go to a shelter,

**go to SHELTER CARD #1**

### **ADVOCATE CARD #1 (George)**

Things have been a little unusual; lately Kathy has been having private phone calls, and I see materials around the house about abusive relationships. Does Kathy think I am abusive? Where are those papers coming from? I know I have been stressed out about work and paying our bills - but abusive? That's crazy. Maybe she should take on the responsibility of being the man of the house and see how it feels to worry about feeding your kids and keeping a roof over their heads. She has no idea what it's like.

## **CLERGY CARD #1**

I called my pastor to make an appointment to meet him at the church later this morning. When I start to talk about what's going on, I start to cry. The pastor asks me some questions, and pretty soon, I find myself telling him the whole story. I even told him about the time when George threw me up against the wall and held me by the neck. I can't believe I told him that I didn't think I would ever tell anyone.

He hands me a tissue. After I finished talking, he stops for a moment and then says, "God doesn't intend for husbands to hurt their wives. The marriage covenant is entered into equally by two people and is to be upheld equally. Divorce isn't a sin; violence is a sin."

He helps me think about all the resources I have – material as well as spiritual. He gave me some ideas about where to go next.

### **What's next?**

If you want to go to your sister Roberta's house,  
**go to FAMILY CARD #1**

If you want to go to a shelter,  
**go to SHELTER CARD #1**

## **CLERGY CARD #1 (George)**

Things have been a little unusual; lately, Kathy has been gone a lot, I wonder what this is all about? It's not like Kathy to leave the kids. Maybe we need to plan some family time. It might be good to get back to going to Sunday services. It's been hard since Lizzy was born. Sonny loves the kids' program, but Lizzy isn't quite old enough, and she just screams the whole time. I will surprise Kathy this Sunday with church and breakfast out at our favorite place.

## **FAMILY CARD #1**

I go to my sister's house for the night - I Left the kids with George to get a break and think things over. I know George won't freak out or suspect anything if I go without the kids. I just need a little breather. Roberta got me set up in her guest room and let me know I can stay as long as I want. Even though she seems supportive, I can tell that she's a little confused. She is friends with George and probably doesn't really believe me.

When I say the words "domestic abuse," she says, "Isn't that a little strong? I mean, he might get a little rough sometimes, but he loves you more than anything, and Sonny and Liz need their father, right?"

My sister tells me that she loves me very much and that it's normal to go through an adjustment phase. She continues to tell me that she and my brother-in-law Joe went through some rough times, but everything worked out, and now she is very happy.

She suggests I see a counselor for emotional support.

### **What next?**

If you want to get your kids and go to the shelter

**Go to SHELTER CARD #1**

If you want to see a counselor,

**go to COUNSELOR CARD #1**

Or... if you need a little time to take care of yourself and finally use the gift certificate your sister got you last month.

**go to SALON CARD #1**

## **FAMILY CARD #1 (George)**

Roberta called me asking what was going on. She said Kathy had been upset for a long time - she thought things would just work themselves out, but now she's talking about leaving for good. I know things have been a little rough, but I didn't think they were that bad. I wonder if Roberta will watch the kids overnight so that we can have some alone time.

### **SHELTER CARD #1**

I hang up twice before I get up the nerve to talk with the advocate at the off-reservation shelter. I am too nervous to ask the questions I want to ask. Can I get the foods that I'm used to? Are there other Indian women there? Will there be any other women my age? Is there Indian staff? How long can I stay? Are they going to charge me? Can I bring my kids?

When I finally talk to the shelter, I have to answer dozens of questions. After being put on hold for 15 minutes, the woman comes back and tells me they have a bed for my kids and me. When I arrive, I see that no, there is no charge. And no, there are no other Indian women and children, and no, there aren't any women my age.

I really miss my home; I even miss George. The kids are out of control and seem really confused and seem so unsettled. I'm too embarrassed to ask if I can cook my own food, but I can't stand the taste of the stuff they have here, and my kids seem only to be eating goldfish crackers. The advocates talk to me every day. They have a kid play space, but I have to be with my kids at all times. They keep telling me about ways to stay safe and resources in their community. All I want to do is rest! I sure wish they could watch my kids for 20 minutes, so I can have a minute to get my thoughts in order.

In our morning meeting, my advocate asks if I want to get a court order that would prevent George from having contact with me and the kids? She lets me know that they have an advocate who can help.

### **What's next?**

If you want to get this order,  
**go to COURT CARD #1**

Or... if you want to take a break and finally use the gift certificate your sister got you last month  
**go to SALON CARD #1**

### **COURT #1**

I decided to apply for a Protection Order. When I arrive at court with my advocate, George is there with my cousin Barry who is on the Tribal Council.

Before the hearing, Barry talks to me in the hallway of the courthouse. He tells me to be “reasonable,” and that this order isn’t going to do anything but bring the whole family a lot of heartache. He points to George, who is pacing back and forth. “The guy’s been tearing himself up since you left, Kathy. He misses you. He misses his children. See, he can barely dress himself.”

I look over at George, and I feel torn. Barry tells me that if I just walk out of the courtroom, the order will expire automatically. My head is throbbing. My heart starts racing. I think I need to see a doctor. I tell the advocate I feel sick and I walk out of the courthouse.

### **What's next?**

If you want to go to the doctor,  
**go to HOSPITAL Card #1**

If you want to take a couple of aspirin and follow up on some job leads,  
**go to JOB – Card #1**

### **COURT CARD #1 (George)**

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I really want Kathy back, but I can't talk to her at court because I'll get arrested. Good thing I ran into Barry on the way over, I hope he can work things out for us. He's her relative so she should trust him. But if not, it can't hurt to have a Tribal Councilman on your side in court!

I see Kathy leaving the courtroom, that's good, I think it'll all work out.

### **SALON CARD #1**

My sister gave me a gift certificate to do something nice for myself over a month ago - I can't believe I decided to do this. This is crazy; this is the last thing I should be doing right now. I sit down in the chair and take a deep breath. The hairdresser begins to ask me a lot of questions about how I am doing. I find myself telling her that I finally left my husband. She keeps nodding her head and saying, "Good for you; it's about time."

She reminds me about her divorce and how she had to take up hairdressing after she got nothing in the divorce. "The dirty bastard," she says and laughs. I can't even manage a smile.

When I leave, I like my hair, but my head is killing me, and I feel guilty for spending so much time there. I've been having a lot of headaches lately - I just want this to all go away.

### **What's next?**

If you want to go to the doctor to get your headache checked out,

**go to HOSPITAL CARD #1**

If you want to look for a job,

**go to JOB CARD #1**

### **COUNSELOR CARD #1**

The counselor at the clinic tells me that it's normal for there to be bumps in the road and that my husband must be under a lot of stress because of his

recent layoff. He asks me a lot of questions about my sleeping and eating patterns.

The counselor tells me that what I really need is marital counseling, and it's nothing to be ashamed of. They tell me that if my husband is reluctant to come in, I can tell him to call the clinic anytime and we can chat over the phone. The counselor asks me, "How does that sound?"

I don't want to offend her, but I know that George would kill me if he found out that I talked about our problems with a total stranger. She senses my hesitation and tells me that I can focus on my part for the time being. She suggests I talk to my doctor about depression medication; she thinks it might help.

### **What next?**

If you want to disregard the counselor's advice and look for work,  
**go to JOB CARD #1**

If you want to talk to the doctor about the headaches you've been having and see about getting on medication for depression,  
**go to HOSPITAL CARD #1**

### **COUNSELOR CARD #1 (George Card)**

I want to be nice about Kathy and the shrink, but I tell ya, I just don't believe in that "how did that make you feel?" stuff. If she wants to see that quack, then she can have at it. I'm too busy looking for work and need to worry about supporting my family. That feeling stuff is for girls and talking about feelings won't feed my family.

### **HOSPITAL CARD #1**

I decide to go to the doctor for these headaches. I tell the doctor that I have been having terrible headaches and nausea. He asks about my sleeping patterns, and I tell him it's been really difficult to sleep since I've been

having problems with my husband. Why do all these people ask about how I am sleeping and eating? What does that have to do with headaches?

He doesn't seem to want to hear about what is happening with George, so I don't go into details. He tells me I'm probably depressed and gives me a prescription for Prozac.

Nothing seems to be getting better; it all feels worse. I never thought I would have a psychological problem, but now I am beginning to wonder. Maybe this is all my fault; maybe I'm crazy. I'm starting to feel foolish for leaving in the first place. Of course, I belong with George in our home. What if it's me messing up the kids, not George?

**What's next?**

**Go to HOME CARD #1**

**JOB CARD #1**

I think I am going to apply for a job at the Tribal Resource Center. I used to work with them in the summer when I worked as a teacher.

But this is a totally different world. They have so much newfangled computer equipment that I don't know how to use. I feel like everyone here knows my business; I leave before handing in my application. I sure miss home.

**What's next?**

**Go to HOME CARD #1**

**HOME CARD #1**

When I get home from staying at my sister's, George tells me he's thrilled that I am back home and he's so sorry for everything he's done. He even cries. He tells me that he and the kids can't live without me, and they really missed having me home.



He takes me out to dinner at my favorite restaurant and tells me to order anything I want. It's a wonderful evening, and I just know we are supposed to be together.

**What's next?**

**Go to ABUSE HAPPENS – Card #2**

### **ABUSE HAPPENS CARD #2**

I really feel like marriage is forever. I'm going to do my part and be a better wife, and I'm really going to try even harder not to make him mad.

I have been home now for a couple of weeks, and I'm starting to let down my guard. I can tell the kids are feeling less stressed out and I was hoping things were taking a turn for the better but boy, was I wrong. It is Thursday night, and I am getting ready to leave to go to my weekly bingo game, and George starts in - telling me that the house is filthy, there's no food in the fridge, and I must not even care about this family.

I remind him that there is baked chicken and potatoes ready to go. I've even made a plate for Lizzy, so he doesn't have to worry. He yells at me - saying that he thought he was clear when he told me earlier in the week that he wanted steak. He doesn't want my crummy leftovers.

He asks if my stupid bingo night is more important than he is. I tell him not to be silly. He tells me not to leave. I reach for my purse, and he yanks it from my hand. He slaps me across the face and then punches me in the stomach. He keeps hitting me. I beg him to stop, I can hear Sonny and Lizzy crying in the living room. I just want him to stop yelling and hitting me. After what seems like forever, I hear sirens pulling up to our house, someone must have called the police.

**What's next?**

Inspire Action for Social Change

## **Go to POLICE CARD #1**

### **ABUSE HAPPENS – CARD #2 (George)**

I thought things were getting back on track. I don't know what that doctor or shrink are doing but whatever it is they are not helping! If they were any good, they would have told her she needed to be a better wife and she needs to take care of things around the house like a responsible wife and mother before she does anything else. Family first, you know?

I really didn't mean to hit her this time. She knows how stressed out I am and if she would think about me every now and again, this wouldn't happen. And if she would stop wasting my money on that bingo every week, it's ridiculous, can't she see that! You would think she would listen and try and help out every now and again. How can one person be so selfish?

## **POLICE CARD #1**

The tribal police arrive and take me into the bedroom to ask me some questions. I tell them our kids are hiding in the living room behind the couch and ask if I can go find them first. While I am walking into the living room, I see that one of the police officers is my nephew Randy, I wish they weren't here. I wish I wasn't here. I wish none of this was happening.

I tell Randy I have to go check on the kids; he tells me I should go get myself together, and he will go check on his cousins. He comes back and tells me they are watching a movie, and then he asks me what happened. I tell him that I'm afraid of George. He explains that they will arrest George. He gives me information about domestic violence including the number for that domestic violence agency that I called the last time I left.

The police tell me that I will automatically get a No-Contact Order, which will keep George from coming near me and the kids, but that it might be a good idea to get a Protection Order because if George is found not guilty, the No-Contact Order will expire.

### **What's next?**

If you want to talk to other women about your situation,

**go to SUPPORT GROUP CARD #1**

If you want to try and get a Protection Order,

**go to COURT CARD #2**

### **POLICE CARD #1 (George)**

Ah, here we go again talking with the cops. They should know we didn't call them, so we don't want them here, it's none of their or the stupid neighbor's business what happens in my house. Everyone has problems - everyone should just mind their own crap before poking around in mine.

At least it's Randy. He'll keep things cool and keep from spreading talk around the rez and most likely let this go for the night. Wait, what the hell, why are they arresting me??

### **SUPPORT GROUP CARD #1**

The last time I was at the shelter, they told me about a group for women like me, who come together once a week to talk to each other about their experiences. I decided to check it out. At the support group, the topic is power and control. The counselor, who is young enough to be my daughter, says that domestic violence isn't about physical violence, but really about one person trying to maintain control over another.

The material is interesting, but I don't feel comfortable listening to other women's stories. Their situations seem so much worse than mine. They're all so young. One woman has been threatened with a gun; another one has been stabbed. I don't say too much, I was just punched in the stomach. I have to say, all of the women are very supportive, I don't feel so alone, but I don't want to be alone either. I'm so confused and not sure what to do.

### **What's next?**

You want to talk to your pastor, **go to CLERGY CARD #2**

### **COURT CARD #2**

When I enter the courthouse, I feel so nervous that I feel like I might throw up. Luckily, the advocates don't hold it against me that I walked out last time, and they are willing to help me fill out the Protection Order paperwork. They explain that I will get a temporary Protection Order today and then will have to return in two weeks for a hearing with my husband. They tell me if my husband doesn't show up at the hearing, I will get the order automatically. I feel a little guilty that I'm getting George into this kind of trouble.

### **What's next?**

If you want to talk to your pastor,

**go to CLERGY – Card #2**

If you want to check back with your sister,

**go to FAMILY – Card #2**

### **COURT CARD #2 (George)**

Crap, back here again. Things are really falling apart; why is she doing this to our family? I really messed up this time. I sure wish we lived in the country without neighbors who meddle in our business. If it were just between Kathy and me, we probably wouldn't be in this mess.

### **CLERGY CARD #2**

Pastor Berman knows a little about my situation from the last time I came in to talk to him. He's glad to hear about the Protection Order and when I say, "Just because I've been treated like this for so many years doesn't mean I deserve it." I tell him that I've got quite a bit of life left in me and he nods in support. I do tell him that I am worried about our kids and want them to have a relationship with their dad. It's important for them to have a father. I would have had kids on my own, a long time ago if I didn't think kids needed a father in their lives.

I tell him I haven't been coming to services because I'm afraid of seeing George. He tells me that he can ask George to come to the early morning service only. I'm so grateful, and I tell him that we'll see him on Sunday morning.

### **What's next?**

If you want to talk with a lawyer about filing for divorce,

**go to COURT CARD #3**

If you want to look for work,

**go to JOB CARD #2**

### **FAMILY CARD #2**

When I tell my sister that I'm feeling great, she almost looks disappointed. "No one deserves to be treated like I was treated," I tell her. "But don't you love him?" I tell her when you live with a man for many years and have children with him; you think he can change. You hope he can change. But George didn't change. Well, he did change, for the worse. To tell you the truth if I knew I could really do it, I would've left after the first time he hit me.

I'm not sure if this is true, but I remember the first time he beat me, how confused and terrified I felt. My sister looks at me and says, "Well, I could never do that, I could never leave." I know George is not perfect, but we don't believe in divorce, so you stay and make it work, whatever it is, you make it work. I feel a little guilty about getting a divorce; I know it goes against what I believe. I know my sister says she doesn't believe in divorce, but I have to say, she seemed a little jealous.

### **What's next?**

If you want to find out about divorce,

**go to LAWYER CARD #1**

If you want to look for work,

**go to JOB CARD #2**

## **FAMILY CARD #2 (George)**

Kathy is really serious about separating; I think she might be for real this time. I really don't want to start all over, plus I don't want another man raising my kids, that's just not right!

At least I still have her sister Roberta and our cousin Barry from the Tribal Council is on my side. They know I'm a good guy and will help her see that we can be a happy family. I'm not giving up on my family.

## **LAWYER CARD #1**

I can do this, I feel like I am betraying something big, but I need to do this for my kids. I feel like they are the real victims here, and I'm doing this for their safety. I know I left them with George at that time I went to my sister's house, but I knew he might do something drastic if he thought something was up. I didn't know what I was going to do then and didn't want to piss him off. My kids have seen what their dad has done to me. I know they love him, but they are rattled by him. I can see how hesitant they are around him. I'm hoping the lawyer can help me because when George gets these papers, he is going to lose it and I am afraid for their safety. He is going to be so flipping mad that I don't know what he'll do, I'm afraid he might take it out on the kids, especially Lizzy. The lawyer asks me a bunch of questions and then draws up the divorce papers. He talks to me about the process and what to expect. It seems long and difficult, but my lawyer seems very understanding and experienced. He asks me a few more questions about our children and asks if I want full legal and physical custody. What is that? Can I ask for that? I feel relieved because if left alone with George, who knows what he will do. He also tells me about a place where George can visit the kids. He tells me there is someone who stays with them to make sure they are safe. He recommends we try it. I'm glad there is a place like this. I believe my kids need their father, but I just don't trust him right now.

## **Go to Visitation Center**

### **JOB CARD #3**

I worked as a teacher for 20 years, and I know that I don't want a whole classroom to deal with again. But I see that there is a position for a Head Start teacher available through the Tribe. The position is at Sonny's preschool, and they have childcare for Lizzy. I apply for the job and get it. This feels like a new beginning.

### **What's next?**

**You feel like you can do this on your own. Go to Lawyer Card # 1 to file for divorce.**

## Long Knife Family TWISI Layers

*Marie Long Knife (age 35), John Long Knife, (age 40) and Justin (male child infant)*

### **Marie Long Knife - ABUSE HAPPENS CARD**

My name is Marie Long Knife, and I'm 35 years old. I've worked off-reservation on a road construction crew for 15 years. I have worked hard to have a career and put off having a family until I felt financially set.

I come from a pretty small family, just my mom, and two sisters. My father passed away years ago, and my sisters are older than I am and moved away to start families of their own when I was pretty young. My mom has bugged me for years, asking when I would give her some grandbabies that she can be close with. When I met John three years ago, I kind of knew I had to make this one work.

I met John while getting coffee one morning before work. I thought he was funny, attractive, and he was well dressed. He appeared to be pretty successful and driven, two things that are important to me.

Everything happened so fast. We fell hard and fast for each other, and I just knew we were meant to be! In less than a year we moved in together and got married. It felt like a dream come true until I started talking about having babies. It was like a switch was flipped and everything got so tense. If I would say anything about kids, John just walked away and wouldn't talk to me. I asked him what his thoughts were and all he would say is, "It'll happen when it happens if it even happens!" I didn't know what that meant, but I do know that John always insisted that I take my birth control. I thought it was sweet how he would bring me my pill and water every morning until I realized what he was doing.



I had enough this morning, and I refused to take the pill until he agreed to talk to me about having children. He got pissed and went on a tirade about being sick and tired of hearing me ask about what he thought about having children. He said, "Damn it, Marie, you know how I feel so stop asking or else, and I know you won't like the - or else" He started walking away as he always does, so I followed him. I am tired of being ignored. When he got to our bedroom, he tried to shut the door, and I pushed back. Next thing I knew he pushed me yelling "leave me alone!" and slammed the door, however, when he pushed me, I grabbed the door frame, and the door slammed on my hand.

### **What's next?**

My hand is throbbing and blew up like a balloon. It might be broken. I need my hands for work; I can't believe this just happened. I'm sure it was an accident.

### **Go to HOSPITAL CARD #1**

#### **John Long Knife - ABUSE HAPPENS CARD**

I knew the moment I saw Marie that she was the one for me. She was beautiful and confident. I had been watching her for a few months. She comes in to get coffee before work every Monday and Friday. It took some time to work up the nerve to say hello. I liked that she wasn't a "girlie" woman and was impressed that she could hold her own in the world of road construction, not to mention an off-reservation company. I have dated a lot of women, but they all seem kind of weak and dependent. Marie is someone I think I can respect.

I can't believe that I went from single to married in less than a year! I love Marie, but all this talk about having babies is too much. It's all she wants to talk about it. Of course, I want to be a dad but not yet. I promised myself that I would not be like my dad. He was a drunk, an abuser, and a deadbeat dad. I have been single for a long time, so this relationship stuff is

new. I told her to leave me alone and she wouldn't. I feel bad about her hand, but if she would have backed off, it never would have happened! Now I am going to be late for work. I can't risk her saying something at the hospital; I'd better go with her to make sure she keeps her story straight.

### **Marie Long Knife - HOSPITAL CARD #1**

John and I went to the hospital to get my hand checked out. During the check-in, the nurse asked a lot of questions about our relationship. When she asked if I felt safe at home, John immediately jumped in and said, "of course she is safe with me, I love my wife." He went on to tell the nurse it was an accident, I didn't know Marie was behind me when I shut the door. The nurse left for a minute, and when she did, John looked at me and said in a low, angry tone, "This is your fault, and if you didn't follow me into the bedroom this never would have happened!"

A few minutes later, the nurse came back to take me to get x-rays. John started to follow us; however, the nurse told John he needs to wait in the waiting room. He tried to say he was my husband, but the nurse told him it was hospital policy. John tried to get his way, but the nurse walked us right past hospital security, and when John saw the security guard, he turned back. Wow, I'm scared. As soon as John walked away, I teared up and told the nurse that all I wanted was to know that there was a plan to have a baby. I told her I didn't understand why that made John so mad.

While in the x-ray room the nurse hands me a card that says, "No Excuse for Abuse" She tells me that she knows this may have been an accident but offered me some information and a number to contact in case I ever feel things get worse and want someone to talk too.

What's next?

**If you want to let it go and get back to work, Go to WORK Card #1**

**OR**

**If you think the nurse might be onto something, go to ADVOCATE Card #1**

### **John Long Knife - HOSPITAL CARD #1**

I hate hospitals! The smells, the waiting, and all their stupid questions. They always treat you like you're some type of low life, "How much do you drink? How much do you smoke? How often do you hit your wife?" I bet they don't ask the white people that. I can't believe that nurse wouldn't let me come along. I got nervous walking past that security guard; I can't afford to lose my job.

### **Marie Long Knife - WORK CARD #1**

Good news, my hand isn't broken. I get it wrapped up, iced, and I head off to work. My friends at work ask what happened, and a few of the guys tease me about being hard on John. The guys went on to say they sure are glad their wives don't have a right hook like mine. I try to just laugh along and tell them that would be a better story, but in fact, I was trying to move a bookshelf and a metal lamp fell on my hand. Later in the day, my friend Sally asks if I am okay and break down. I tell her the real story. She tells me she's sure it was an accident and that everything will be okay. She suggests that if I want a baby, I should take John on a long romantic weekend and maybe that will change his mind.

### **What's next?**

**If you want to see your mom, Go to Family – Card #1**

**If you want to get some rest Go to HOME – Card #1**

### **John Long Knife - WORK CARD #1**

I can't deal with the pressure at work today. Everyone is going to ask me why I'm late, what happened, blah blah blah. I don't want to deal with all that. I hate to use a sick day for this shit, but I know Marie won't be home, so I am going to go home and chill out.

## **Marie Long Knife - ADVOCATE CARD #1**

I took the card from the nurse and decided to talk to someone. I was already late for work, so I thought no one would notice if I took a little longer. I can just say the ER was busy. I check-in at the front desk, and the receptionist gives me a clipboard with some paperwork to fill out. Yikes, all these questions just to talk to someone. I answer a few questions and hand it back mostly blank. A young woman came out of an office and invited me to come talk to her. I saw her look at my hand and then look away. We sat down, and she asked me how I heard about the program and what brought me in today. I started to tear up and put my head down. My first instinct was to get up and walk out, but before I started crying, she asked if I would like a cup of tea. I looked up and just started talking. I told her everything! She asked if I thought my husband had followed me and I said I didn't think so. She asked me if I was afraid of my husband; I paused and said, not really. I'm more worried that I am not going to have a baby. She started talking about control issues and signs of abuse and tells me about their shelter and that I could try and stay there if I didn't feel safe going home tonight. She also tells me that she can help me get a protection order to keep my husband away. I think to myself, why would I want to keep my husband away, I want to have a baby, I love John. I think, maybe I should just back off and give him some time. I thank her and tell her I need to think about things. I leave the card and all the flyers on the curb outside the building.

### **What's next?**

### **Go to HOME CARD #1**

## **Marie Long Knife - FAMILY CARD #1**

I haven't seen my mom for a while; I think I will go see her before I head back to work. When I get to the house, I tell my mom what happened with John. I have talked to her about how John just won't talk about children, but I didn't let her know how bad things really were. My mom wraps her arms

around me and tells me how much she loves me. She tells me she is worried about my hand and hopes it will heal soon. She then goes on to say that she knows that she jokes a lot about having grandchildren close by and that maybe I should just give it some time. She tells me to stop talking about children for a while and work on being a good wife. She tells me that maybe John just has the jitters about being a father and tells me that she and my dad had similar issues. She told me he was just nervous about being a dad, and once she backed off, my dad turned out to be a great father, and she thinks John will too.

My mom tells me to go home and makeup with John and think about what he needs.

**What's next? Go to HOME CARD #1**

### **Marie Long Knife - HOME CARD #1**

When I get home, John is there, and he tells me he called in “sick and tired” of his wife and asks why I’m home. He asked why I wasn’t at work and asked me what I’d been doing since I left the hospital. He sarcastically asks if I was out on the street looking for some guy to get me pregnant. I’m so mad that he would even dare say anything like that, not to mention I can’t believe he doesn’t seem to care at all about what he did to me. I lose it and say, “well, as a matter of fact, that nurse was worried about me because you wouldn’t let me answer any questions, so she sent me to a domestic violence program to get help. The people at the program think you’re abusive!”

John gets in my face and starts yelling, “That’s a bunch of bullshit! Did you tell them about your anger and how you just hound me day-in and day-out about having a baby? Did you tell them you were chasing me into the bedroom and forced your way in? Did you? I’m sure you didn’t! All this is

your fault, so you better not be lying around town and telling those lesbian man-haters lies about me!”

I take a deep breath and start crying. I say to John, “All I want is to have a talk with you, why is that so hard?”

**What’s next?**

**If you want to talk to your friend Susie, Go to FRIENDS CARD #1**

**If you want to talk to someone about what is happening with John, Go to COUNSELOR CARD #1**

**John Long Knife - HOME CARD #1**

Does Marie think I’m stupid? I know she wouldn’t leave me, but I do sometimes wonder about those other guys at her work. What if she was out trying to get pregnant? It seems like the only thing she can think about.

**Marie Long Knife - COUNSELOR CARD #1**

I really need to talk to someone. My friend suggested I go to the community center and talk to one of their counselors. I think I will give it a try and I hope it’s better than that domestic violence place. When I sit down on her couch, I realize I have a lot to say. I tell her that I am so mad right now but not sure who I’m mad at. I tell her that all I want is for my husband to talk to me about this thing that is really important, something I thought was important to both of us. I’m wondering if I missed something and John doesn’t want kids and now I’m stuck with him. I tell her we were so in love and then as soon as I started asking about children, it’s like a whole different man showed up. Everyone keeps telling me to back off a little and that John is a good man. The counselor tells me that maybe I should try different techniques and respect John’s space. She ended by saying, “If you are hoping to have a child and John is not, you should consider either divorcing him now, or you could give it some time to see if things get better.” I am not ready to give up; I think I will go home and just back off for now.

**What's next?**

**Go to HOME CARD #2**

**Marie Long Knife - FRIEND CARD #1**

I call up my friend Susie to see if she can meet for a cup of coffee. We meet at the coffee shop but decide to get it to go and take a walk. I asked Susie how she was doing, and she said everything is fine. She tells me she is tired but has nothing to complain about. She has three children and makes it look so easy. Her husband is one of the nicest guys I have ever met, which helps. She tells me they weren't out to talk about her and asked me what was going on? I tell her that I am so confused and that John is not the person I thought he was. I tell her I'm so ashamed that I'm in this situation. I am a strong independent woman; how did I get here? She tells me that relationships can be hard, and children make it even harder. She suggests that I go talk to one of the counselors at the community center. She tells me that she went there when she and her husband were having a hard time, and it really helped. She tells me it is going to be okay, and maybe John has something else going on. She suggests that maybe it doesn't have anything to do with having children. Hmmm. Maybe she is right, and I should talk to someone.

**If you want to talk to someone, GO to COUNSELOR CARD #1**

**If you want to clear your head, GO to the GYM CARD #1**

**John Long Knife - FRIEND CARD #1**

I know Marie likes that friend of hers, but I don't. She is so judgmental, and her three children are wild. I sure wouldn't want any children we have to spend time with those hellions. Her husband is a good guy; maybe I should

see if he wants to go out for a beer. I could use a friend, and I bet he would tell me anything he may be hearing about Marie.

### **Marie Long Knife - GYM CARD #1**

It has been a long time since I made it to the gym. I know taking an exercise class always makes me feel better. I hear that stress can impact getting pregnant, not that I am getting pregnant anytime soon, but I can stay hopeful. I am feeling better after this workout. I think I will pick up some dinner and see if I can't work things out with John.

### **Go to HOME CARD #2**

### **Marie Long Knife - HOME CARD #2**

Things have been better since I backed down a little bit on the baby conversation. John has settled down, work seems to be better, and we have been getting along. I just realized that I haven't had a period in a couple of weeks, so I take a test. I can't even believe it! I am pregnant. I guess maybe I just needed to stop nagging and trust that it would happen when it happened, as John said. John will be home soon, so I run out and get a pair of baby shoes, and I pick up a couple of burgers from John's favorite place and rush back home. When he comes home, I can't wait, and I tell him the news. At first, he seems a little mad, but pretty quickly he calms down and tells me he is happy that I will finally have my dream of being a mother.

### **READ ABUSE HAPPENS CARD #2**

### **John Long Knife - HOME CARD #2**

Well, Marie finally got what she wanted. Things have been a lot better lately, so maybe it is time for us to grow our family. It's game time and I am really working on being different than my dad. I know I am going to have to work more to support us all and that we are going to have more stress, but



I guess that is the price you pay. I sure hope Marie chills out now that we are having a baby.

### **Marie Long Knife - ABUSE HAPPENS CARD #2**

It's been so exciting, and I can't help talking about baby names, what to do if it's a boy or a girl, and all the stuff we need to get ready. We were getting ready to run errands, and I asked John a simple question, and he snapped! Instantly he's yelling "All you do is talk about that Goddamn baby, I'm so damn tired of it!" I snapped back, "I need you to grow up and be part of the conversation and quit being a jerk about everything!" He slapped me then pushed me, and I went falling down the stairs. John didn't even care; all he did was slam the bedroom door, he didn't even help or see if I was OK.

**If you want to make sure everything is okay, Go to Midwife Card #1**

**If you want to just stay home, Go to Baby Card #1**

### **John Long Knife - ABUSE HAPPENS CARD #2**

I can't take another moment of this baby crap! Marie just won't leave me alone with all the stupid questions, "What about this name, what about that name? What color to paint the baby's room? Blah, blah, blah." I just wanted to go lay down and let her run errands when once again she won't let it go and got herself hurt. I just can't deal with this now; I'm taking a nap.

### **Marie Long Knife - MIDWIFE CARD #1**

I decide to go to my midwife's office to get checked out. As soon as I see her, I start crying. She asks how I am doing, and I tell her nervously that I'm only here as a precaution because I tripped and fell. I tell her I have been so clumsy this whole pregnancy and that I am ready for it to be over. I tell her I wanted to be sure the baby was alright, "First-time jitters, you know?"

She checks my vitals and feels around my belly. She tells me that we are okay but that it won't be long, so I should get some rest.

### **What's next?**

**The midwife was right; it wasn't long. On your way home, your water breaks and your baby is born. Go to BABY CARD #1**

### **John Long Knife - MIDWIFE CARD #1**

I am not sure where Marie went. It's not like her to leave without telling me. This whole baby thing is ruining my life, and it's not even here yet. I want the woman I met at the coffee shop, not this one. I should probably call to make sure she is okay.

### **Marie Long Knife - BABY CARD #1**

I am finally a mother. Justin was born at home without any issues. Surprisingly John is very excited because he has a son and I am feeling great. We both forget about him pushing me, and all of our attention is on this new little guy in our life.

The love didn't last long, a couple of months go by, and we start having arguments. I know we are just tired, but I am the one who gets up every time Justin cries. My maternity leave is about to expire, and I really don't want to leave Justin. I start talking about being a stay at home mom. First John said, "Maybe, but we'll have to think about that since there are a lot more bills." Eventually, he told me I had to stop being so damn lazy and get back to work. He tells me that since my mom wanted grandchildren so badly maybe she could step up, so I could do my share around here.

Fine, at least my mother will love my baby and lend a hand.

## **Go to FAMILY CARD #2**

### **John Long Knife - BABY CARD #1**

I have to say it's been really fun being a dad. Sure, some parts suck, not sleeping and being down to one income, but overall, it is a lot better than I expected. Plus, to have a son makes me really proud, I'm gonna make sure he has everything I didn't.

### **Marie Long Knife - WORK CARD #2**

After four months of leave, I am forced to go back to work part-time. My co-workers are happy to have me back. I tell them how much I wish I could be at home but acknowledge how much John has stepped up and how hard he has been working since the baby was born. I tell my friend that the only reason I am back is that John wants a break from working overtime. I am lucky that my mom is willing to watch Justin, which means I only have to work part-time. I am exhausted all the time, but at least I get partial days with my baby. I must admit I am feeling a little down these days, and sometimes it feels like it's too much. I really need some sleep.

## **You want to rest: GO to HOME CARD #3**

### **Marie Long Knife - HOME CARD #3**

I really need some rest, so I go home to lay down. I pick up Justin because it's his nap time and figure we can lay down together. When I get home, I realize I left the diaper bag at my mom's, so I call to ask her if she can drop it off later. I didn't realize John was home and before I can say a word to my mom, John came out of nowhere, grabbed the phone and threw it on the ground. After breaking the phone, John starts yelling at me and then grabs my arm and screams in my face, "What are you doing home? You need to get back to work and help this family! If I knew how lazy and stupid you were, I never would have married you." I am holding Justin and trying

to protect him. He pushes me into a cabinet that falls over and breaks. Justin is crying, and John just looks at me and tells me to clean it up.

About 10 minutes later the police show up at our door saying they received a domestic disturbance call. I am holding Justin who is screaming and tell them everything is fine. They don't believe me and ask what happened to the cabinet behind me. I start to cry. The police arrest John and take him to jail.

**What's next?**

**Go to COURT CARD #1**

**John Long Knife - ABUSE HAPPENS CARD #2**

Man, these freaking cops nowadays, a woman can say anything, and the man will get arrested! I tried explaining that this was all an accident, that I had been meaning to secure that cabinet into the wall for a long time and it was all an accident. I heard her say everything was fine so why am I going to jail. What about my kid? I can't believe they would haul off a dad in front of his kids.

**Marie Long Knife - COURT CARD #1**

After John's arrest, he pleads "not guilty." I told the prosecutor that I didn't want any part of the prosecution; however, she told me that if I didn't cooperate that DCFS would most likely get involved. She suggested that I talk to an advocate and file for a protection order. She tells me that I can ask to protect my son as well, which will help keep DCFS out of our life. What am I going to do? I need John to work, and I can't believe he would push me with Justin in my arms. How did we get here? I am scared and the fact that he would push me so hard while I was holding our baby. That is not the man I married.

**What's next?**

**If you want to go to your mom's house Go to FAMILY CARD #2**

**If you want to go to file for an order of protection Go to ADVOCATE CARD #2**

### **John Long Knife Card #1**

I can't believe this is happening. I'm a good man and never got into this kind of trouble until I met Marie. This is her fault. I could have really hurt Justin, but Marie makes me so mad. I can't miss another day of work, or I am going to lose my job. She'll be sorry if I lose my job. I know she is going to get me out of this, I just know it.

### **Marie Long Knife - ADVOCATE CARD #2**

I go back to the domestic violence program and talk to the same woman who I talked to last time. Her first comment was, I am so happy you had a baby. I remember that it was so important to you. She offers to have someone watch Justin so that we can talk. I tell her I am done with John and that the prosecutor told me if I didn't get a protection order that DCSF would take him. I told her I would do anything I needed to do. I did tell her that I know that John loves Justin; however, I don't feel safe and wouldn't trust John alone with Justin, not now when he is so mad. She tells me that we can ask the judge to order supervised visitation so that Justin can see his dad in a safe place.

You file the paperwork, and the judge issues temporary orders, pending the criminal charges. You have temporary custody of Justin and an order for supervised visitation. **GO to the SUPERVISED VISITATION CENTER**

### **Marie Long Knife - FAMILY CARD #2**

It has been really nice being at my mom's house. She has been so helpful, and it's nice to get a break. Justin and I have our own room, and it's so peaceful here. I don't know what is going to happen with John. I came in

the front door today because the garage door is broken for some reason. I should fix that for my mom when I get a chance. When I walk in, my mom tells me that John came by. She said he was mad and that he told her I wasn't going to get away with this. I think this has gone on long enough. My mom said she has a lawyer friend who was willing to talk to me; I think it's time to end this.

If you want to talk to your mom's friend **GO TO LAWYER CARD**  
If you just want to go talk to the advocate again, **GO TO ADVOCATE CARD**

### **John Long Knife - FAMILY CARD #5**

I don't know who this woman thinks she is taking my kid away from me? I just wanted to talk, but she wouldn't let me in, so I just kicked in the door...probably not a good idea, I mean I don't want to wreck her mom's house, she's a good woman who has always been nice to me.

### **Marie Long Knife - LAWYER CARD #1**

I show up early to meet with my mom's friend. I am so nervous and never thought I would be talking to a lawyer. I am wondering if this is a mistake, but then I look at a picture of Justin on my phone and remember that I need to do this for him. I want my son to grow up respecting women and to see his mom as strong. I can only hope that John will change, if not for me but for Justin. He always told me he wanted to be better than his dad, but that doesn't seem to be turning out that way. I talk to the lawyer for a long time, and he tells me that orders can always be changed, but if DCFS gets involved, it is a lot harder to get them out. We decide to file for a protection order and full legal and physical custody while the criminal charges are pending. I tell him I am afraid to leave Justin with his dad while this is all happening, so he tells me about a program that provides supervised visitation to families like ours. He tells me that it will allow Justin to see his dad without me being involved. John is going to be so mad at me.

The judge grants your temporary orders.

### **Go to the Supervised Visitation Center**

#### **John Long Knife - LAWYER CARD #1**

I can't believe this shit is happening. How did I end up here? Jail, court dates, divorce. All I can hear in my head is my father saying, the fruit doesn't fall far from the tree. You turned out just like me. I am not like him, and I am going to prove it. What is this visitation center? I would never hurt my kid, he is my son, and I promise him a better life. Marie is going to pay for this.

### VII. Key Cards for Working with American Indian and Alaska Native Families

#### **Key Strategies for Working with Families in Native Communities**

1. Create a trusting relationship with Native women, children, and men by acknowledging their distinct cultural identity, history, and culture and what it means for safety and justice.
2. Create a system of support through domestic violence education in partnership with programs in Native communities.
3. Gain knowledge about the historical roots of violence in Native communities.
4. Become informed about Native sovereignty and what this means for the safety of Native women and children.
5. Develop a working knowledge of jurisdictional complexities and be prepared when survivors and people who use violence seek legal remedies.
6. Cultivate professional relationships with tribal institutions.

7. Understand that culture is a dynamic process and is not “one size fits all”.

### **Tenants of Cultural Humility**

1. Understand that we can never be competent in a culture outside of our own, and even within our own culture, there are differences.
2. Understand that we need to be life-long learners.
3. Work to shift and mitigate power imbalances.
4. Be a good guest~ It is an ongoing process shaped by every encounter we have with every person as long as we maintain an open mind and heart.

Adapted with permission from Mending the Sacred Hoop

- VIII. Self-Reflection Worksheets Specifically to Explore Cultural Understanding and Impact on Providing Culturally Responsive Visitation Services.

### **Building Cultural Understanding: A Self-Reflection Activity**

Take a moment to read the following statements and consider if you agree or disagree with the statements. Once you complete the list, take a few moments to reflect on your responses.

As you reflect on your responses, think about the following:

- What comes up for you about your culture?



- Based on your responses can you identify 1) Places you have power and privilege? And, 2) Ways you experience oppression due to your unique identities and culture?
- What have you learned about yourself?
- How can this awareness support your work with individuals and families from diverse cultures and backgrounds?

**In my culture....**

<p>I was told I could be anything I wanted when I grew up, and I believed it.</p> <p>Agree.....Disagree</p>
<p>I see many examples of people like me on TV, in entertainment, in professional jobs, or government.</p> <p>Agree.....Disagree</p>
<p>People like me are often shown to be heroes and leaders.</p> <p>Agree.....Disagree</p>
<p>My religious practice encourages the spread of our shared religious beliefs onto others so they can be helped spiritually.</p> <p>Agree.....Disagree</p>
<p>I believe I can join any religion I choose.</p> <p>Agree.....Disagree</p>
<p>Spirituality and religion have the same meaning.</p> <p>Agree.....Disagree</p>

<p>The criminal justice system is there to protect and help me.</p> <p>Agree.....Disagree</p>
<p>I get approached by other people not of my culture, asking if they can touch my hair.</p> <p>Agree.....Disagree</p>
<p>I can go through life being myself and not be worried about how I represent my cultural association with others.</p> <p>Agree.....Disagree</p>
<p>Most of the people in my family have attended college.</p> <p>Agree.....Disagree</p>

\*Adapted with permission from Mending the Sacred Hoop

## **My Professional Resilience: Implementation & Support Plan: A Self-Reflection Activity**

What ongoing, communal practices do you engage in that fill you up, confirm positive worldviews and beliefs that are important to you, and contribute to mind/body/spirit wellness:

What practices or habits can you engage in with co-workers that contribute to your wellness at work? Are these daily or weekly practices? Who can help you?

What do you need from leadership at work for wellness? Are you able to share these needs with leadership? Why or why not?

After a particularly stressful day, what can you do to recenter your wellness when the day is over? Who can help?

During a particularly stressful day, what can you do to maintain wellness and decrease stress symptoms for yourself? Who can help?

\*Adapted from *A Self-Reflection Journal for Supervised Visitation Staff*, McNamara, B., Rose, J., and Fairchild, E. (2017), Inspire Action for Social Change. [www.inspireactionforsocialchange.org](http://www.inspireactionforsocialchange.org)

## IX. “In the Moment” Decision-making Activity Specific to American Indian and Alaska Native Families

### **In-the-Moment Decision-Making Activity Directions**

Directions: Each working group will read each scenario together. Then, using the “In-the-Moment” decision-making framework as a guide, hold a group discussion, and respond to the following questions:

1. What did you consider?
2. What did you decide to do?
3. Why did you make this decision?
4. How were you prepared to make that decision?
5. In what ways were you not prepared for your decision?

### **Scenario One:**

Mr. Ghetty has been coming to the visitation center for the past three months. During the intake with Mr. Ghetty, it was determined that the visits would not include guests at this time due to the involvement of Mr. Ghetty’s family in some of the abuse. In the middle of the visit, Frank gets very emotional and starts talking about how in native culture, family is important and that he can’t believe his kids haven’t seen his family in three months.

The kids start to cry and ask you if their grandma can please come to the next visit.

**Scenario Two:**

Mr. Brown was ordered to the visitation center four months ago. After weeks of not agreeing to a visitation schedule, Mr. Brown agrees to the schedule offered by the center. Within the first 10 minutes of the visit, Mr. Brown quickly huddled his kids together and told them he is going to get them out of this place (the visitation center), stating “this is the white man's place and we were sent here by the white man's laws.” He continues to say, he is going to get this case into tribal court, and they won't have to be there for long.

**Scenario Three:**

Mr. Nez is ordered to see his children in the supervised visitation center because of domestic violence towards their other parent. During the visit, Mr. Nez gets increasingly more frustrated around his children's behavior and setting limits. The children are climbing on the furniture, standing on top of tables, and running wildly through the center. Additionally, they don't appear to be acknowledging their father's requests to pick-up their toys. He tells you that if you weren't watching his kids would listen to him!

**Scenario Five:**

Mr. White has been visiting his son once a week for the past nine months. His son, Al, is as energetic as a seven-year-old could be. Another family started coming to the center about two months ago and has the same weekly visitation schedule as Mr. White. This family also has a seven-year-old boy who gets along well with Al. Roger has stated to staff how he does not like that Al and this other child are spending so much time together during his visits. During today's visit, Al and the other boy started

playing hide-and-seek. Roger starts ranting on about “Al never plays with me! He always plays with that other boy; I'm leaving!”

### **Scenario Six:**

Ms. Young Heart has been ordered to visit her children at the visitation program due to accusations of being an alcoholic. During the regular pre-visit check-in, she discloses to you that her husband Harry has been abusing her for many years, and in fact, he is drunk. She tells you that he would scare the children when he drank too much. She tells you she loves her kids and will do anything to see them, but she doesn't think it's fair. Mr. Young Heart shows up to pick up the kids, but he is 30 minutes early. You tell him he is early and will need to wait until the visit is over before staff will bring the kids to him. Mr. Young Heart stays in the waiting room, and when you bring the kids over to him, they look at you and ask if you can smell that smell. As you get closer, you think you detect alcohol.

### **Scenario Seven:**

Alicia has been visiting her dad at the visitation center for five years. Her older brother has always refused to visit his dad and has told you he hates him. During the visit just before the holidays, Alicia's dad brings in a few gifts to give to Alicia. As the visit is ending, Alicia's dad slips her an envelope and quietly says, please give this to your brother.

### **Scenario Eight:**

Ms. Pino was ordered to visit her children at the center. She fled a violent situation however her ex-husband, Jim Pino, won custody based on child abandonment charges he had filed against her. She was ordered to supervised visitation. No-contact orders are in place, one against Jim and one on behalf of the minor children against Sandy. At the end of this visit,

Sandy asks if you could pass along a note to Jim. The note reads as follows:

*Dear Jim,*

*I'm asking you nicely to please allow more time for the kids to spend with me. We have such a great time together, and the kids want to spend weekends at my new apartment. Work with me, and be reasonable for once, for the kids' sake. Please!*

*-Sandy*

### **Scenario Nine:**

Ed and Darla recently separated because of Ed's violence towards her. Darla was granted a protection order, and they have been using the visitation center for a month. When Ed shows up for his visit, he brings his brother and his two kids. He tells you they have been missing their cousins and wanted to come to the visit. Darla shows up a few minutes early with the kids, and when they walk in for their visit, they appear very excited and ask if their cousins are at the center. They tell you they saw their uncle's van in the parking lot. Darla looks at you with a distressed look.

### **Scenario Ten:**

William shows up every Sunday for visits with a slight odor of alcohol on his breath. You didn't notice the smell the first time it happened until the middle of the visit, and afterward, he assured you that he was out with some friends last night. He tells you he is one of those people who smell like beer long after he has had one. William never misses a visit; he is always on time and is very engaged with his kid. Today, William was a half-hour late for his visit, and when he arrived, he appeared very disheveled and smelling like beer.

### **Scenario Eleven:**

KT has been ordered to visit her son Chuckie at the center because she is bi-polar and has a drinking problem. The last time she saw Chuckie, her

wife RJ called the police because KT showed up drunk and pushed RJ out of the way to get to Chuckie. During the first visit, Chuckie asks his mom why her breath smells and starts crying. KT starts to cry and hugs Chuckie very tight. Chuckie pushes her away and calls her a drunk.

## **Appendix A: Mock Case Files**

### **Long Knife Family FIRST PERSON INTRODUCTIONS**

*For Training Purposes Only – Not to Be Removed from the Training Room*

#### **Marie Long Knife**

- 35-year-old native woman
- Works off-reservation on a road construction crew for 15 year
- One year-old-son Justin

My name is Marie Long Knife. I am so scared to be here and so angry at the same time. I waited all these years to find the right guy, and I still ended up here. Meeting John was like a dream come true, and I really thought I had finally found a good decent man and I wanted to start building my family. I know I was a little pushy about having a baby, but the off-reservation doctors told me that I was edging towards “advanced” maternal age. I felt the clock ticking and knew John was the one so I didn’t want to wait too long.

I should have read the signs, but I didn't, and here I am. I sometimes think this is all my fault and I think about going home, but I want to set a good example for my son. I want him to know his mom is strong. I also think he needs his dad, but until this settles down, I don't know what John will do. He loved being a dad, so I don't understand why he was so mad all the time. I did all the work; he just had to hold him everyone once in a while. I don't know if he will show up to this place, but if he does, I would be aware that he will be mad.

### **John Long Knife**

- 40-year-old native man
- Infant son Justin
- Works in finance and has side bookkeeping jobs to pay the bills

My name is John Long Knife. Let me start by telling you that I am nothing like my father and don't belong here. I have lived my life to be the opposite of that deadbeat I called my dad. I admit, maybe I was a little hesitant to go from single to married with kids, but I took my time waiting to find the right woman. I thought it was Marie. She was strong and independent, and then we got married. Once I put that ring on her finger, she just flipped one day she was the woman watched and admired and then just like that she turned into a whiny, nagging, needy person. It sure pissed me off; I felt duped. I do love my son and want him to have a different life than I did, but



Marie has destroyed that. First the police, then lawyers and now this place. This is her fault. I am a good dad, and she is crazy. Honestly, I think her mom put her up to this. She just wanted a grandbaby close by, but that boy needs his father, and once I get on my feet, I am going to get him back.

**Cloud Family**  
**FIRST PERSON INTRODUCTIONS**

*For Training Purposes Only – Not to Be Removed from the Training Room*

***Kathy L. Cloud***

- *I am 33-years-old*
- *I have two children: a 4-year-old son named Sonny and a 1-year-old daughter named Lizzy*
- *I am from a small tribe. We are Presbyterian*
- *I am a school teacher*

My name is Kathy, and I really can't believe this is happening. I love George, but I have had enough. I don't believe in divorce, and I know my kids need their dad but seeing my kids' eyes while they watched their cousin arrest their dad was more than I could handle. Everyone said things would get better, but they only got worse. George needs help, and the only reason I am here is that I don't trust what George will do, especially with Lizzy. He would never

hurt his son, but he blames Lizzy for all our problems and thinks that since she was born that I don't serve him the way I used to. I can't remember the last time he picked her up or offered to play with her. I am worried that he will just ignore her and that he will tell Sonny bad things about me. I know he is going to be really angry that a white person is going to be sitting in the room watching him be a father. Does anyone from Presbyterian work here? The last thing I need is everyone knowing my business.

### ***George Cloud***

- *I am a 36-year-old man*
- *I have two children: a 4-year-old son named Sonny and a 1-year-old daughter named Lizzy*
- *I am a contractor*

My name is George, and I can't believe Kathy would betray me and our culture in this way. I meant it when I said, "Til death do us part." Kathy was perfect for me when we met, and then we had kids. Don't get me wrong, I love my kids, but it is as if I am invisible, especially since Lizzy was born. I am a good man and a good father. I work hard to provide for my family. Let me ask you, is it really too much to expect a hot fresh meal? I didn't mean for things to go this far, but she just pushed and pushed until I couldn't take it. I don't think it's fair that I have to come to this white person's social service place to see MY kids. What do you know about my kids?

My culture? What it means to be a father? You will see, Kathy is just playing games right now so I will play, but we won't be here for long. I am a good man who cares about family and tradition, not a criminal who needs to be watched.

## **Appendix B: Role-play Layers for Conducting Mock Visitation**

### **American Indian - Alaskan Native**

#### **Supervised Visitation Immersion Training**

#### **Layers for Role-Play Exercises (For facilitator use only)**

#### **John and Marie Long Knife**

#### **Day 1: Arrivals and Departures**

Layer 1: Mr. Long Knife arrives at the first visit with his mother and sister saying they miss Justin too and have a right to visit.

Layer 2: Mr. Long Knife shows up and when you ask him about his day, and if he is ready for the visit, he looks down and starts to cry. As you move closer to listen, you smell alcohol on his breath.

Layer 3: (Layer for training with non-native programs) During your check-in with Mr. Cloud, he asks you what you know about his culture and the trauma his people have experienced. He tells you that white people and

programs like ours are the reason that native communities have lost their traditions.

Layer 4: It's Justin's birthday, and Mr. Long Knife has received approval to bring gifts. Justin is turning one, and Mr. Long Knife tells you that he never got presents from his dad, and he wants to make it different for his son. He brings in a large number of gifts that requires two trips into the center to bring it all in. One of the gifts is a large train set. Justin is very excited about all the gifts. After the visit, Ms. Long Knife tells you she can't possibly take all that on the bus with the stroller and all of Justin's things.

Layer 5: Mrs. Long Knife shows up for the visit shaking and tells you that John's mom is in the parking lot and tried to take Justin. She asks you what she is doing there and reminds you that you promised this was a place where she would be safe.

## **John and Marie Long Knife**

### **Day 2: CONDUCTING A VISIT**

Layer 1: During the visit, Mr. Long Knife picks up Justin and tells him that they will be back together as a family very soon - saying that he is working with his mom to get back together.

Layer 2: During the visit, Mr. Long Knife tells the staff he is angry about still needing to use the center. He states that he and Marie have been talking and even she thinks visits should be at his mom's house. At that moment, Justin throws himself on the ground and starts screaming and throwing things. Mr. Long Knife looks at you and says, "This is all your fault! My son never acted like this until he started coming here."

Layer 3: Soon after the visit begins, Mr. Long Knife begins grumbling under his breath. The staff person asks him if something is wrong - he responds by rolling his eyes and saying, "Just forget it - you don't understand me anyway". A few minutes later Mr. Long Knife complains about using the center and then states, "This is such bullshit", I am out of here, and he bolts towards the door with Justin.

Layer 4: When Ms. Long Knife arrives for the visit, she asks if she can talk to you alone. When you step aside with her, she tells you that she met with John last night and thinks that it would be better to stop visits. She asks if you can help her change the order.

## **George and Kathy Cloud**

### **Day 1: Arrivals and Departures**

Layer 1: Mr. Cloud shows up late for the first visit and parks his truck right next to Ms. Cloud's car, who also just arrived with the children. You see this on the camera.

Layer 2: (Layer for training with non-native programs) During your check-in with Mr. Cloud, he asks you what you know about his culture and the trauma his people have experienced. He tells you that white people and our programs are the reason that native communities have lost their traditions.

Layer 3: At the end of the second visit during your check-in with Mr. Cloud, he starts yelling that the rules here are unfair and that he has waited long enough. He launches toward the door and pushes it open.

Layer 4: Minutes before Mr. Cloud's visit, he contacts the center stating he needs to change the start time of the visit or reschedule altogether. This is the third time Mr. Cloud has made this request.

Layer 5: Ms. Cloud calls you from the car to tell you that she is in the parking lot, but Sonny won't get in the car. Mr. Cloud can hear his son screaming and asks if he can go help get his son. He tells you that Ms. Cloud is sabotaging the visits.

## **George and Kathy Cloud**

### **Day 2: CONDUCTING A VISIT**

Layer 1: During the visit, Mr. Cloud sat off to the side of the room. He didn't engage with the kids and Lizzy; the one-year-old was sitting in her boppy chair. After a while, Sonny picked up his little sister and started wandering towards the door. Mr. Cloud sat there as Sonny pushed open the door and started walking out of the visitation area.

Layer 2: During the visit, Mr. Cloud was drawing with Sonny and holding Lizzy on his lap while she is drawing pictures on colored paper. Sonny started crying saying, “Stop daddy, stop”, as he points to the paper. You notice that Mr. Cloud has drawn an image of something on Lizzy’s paper, but you are not sure what it is. When you ask Sonny what is wrong, Mr. Cloud tells you to mind your own business; he can handle it.

Layer 3: Mr. Cloud gave Lizzy a teddy bear during the visit. Kathy calls you from home after the visit and tells you she found a note from George inside a secret pocket in the bear.

Layer 4: Ms. Cloud shows up early to pick up the kids and tells you that she needs her kids now and demands you get them.

Layer 5: Mr. Clouds' parents, the kid’s grandparents, accompany Mr. Cloud on his third visit. During the visit, Lizzy sits on her grandma’s lap, and Sonny plays with his grandpa. Mr. Cloud sits in the corner with his head down. His dad looks at you and says, “Look what you are doing to my son? He is a good man and shouldn’t have to see his kids in this place.” Lizzy starts to cry, and Sonny throws the toy he has in his hand.

## **Appendix C: Participant Handout Packet**

## **Appendix D: Key Card Packet**

### **AMERICAN INDIAN-ALASKA NATIVE SPECIFIC KEY CARDS**

#### **Key Strategies for Working with Families in Native Communities**

8. Create a trusting relationship with Native women, children, and men by acknowledging their distinct cultural identity, history, and culture and what it means for safety and justice.
9. Create a system of support through domestic violence education in partnership with programs in Native communities.
10. Gain knowledge about the historical roots of violence in Native communities.
11. Become informed about Native sovereignty and what this means for the safety of Native women and children.
12. Develop a working knowledge of jurisdictional complexities and be prepared when survivors and people who use violence seek legal remedies.
13. Cultivate professional relationships with tribal institutions.
14. Understand that culture is a dynamic process and is not “one size fits all”.

## **Tenants of Cultural Humility**

5. Understand that we can never be competent in a culture outside of our own, and even within our own culture, there are differences.
6. Understand that we need to be life-long learners.
7. Work to shift and mitigate power imbalances.
8. Be a good guest~ It is an ongoing process shaped by every encounter we have with every person as long as we maintain an open mind and heart.

Adapted with permission from Mending the Sacred Hoop



**IAVC Supervised Visitation and Safe Exchange Court Referral Form**

**Family Information:**

**Name of Parent 1:** Marie Long Knife & A.K.A:  **Mother** **OR**  **Father**  
Message #: Primary Language Spoken, if other than English:  
**Name of Parent 2:** John Long Knife & A.K.A:  **Mother** **OR**  **Father**  
Message #: Primary Language Spoken, if other than English:

**FOR COURT USE ONLY: Do not write below**

**Referral Information:**

Date: 12/16/2019 Source:  Family Court  XXX  XXX  Other: Court Case #: DV1001  
Contact Name: Judge JT Department #:DV200 Contact Phone Number: 777-8888  
Name of Supervised Visitation Provider: Inspire Action Visitation Center

**Service Information: All Services Are Contingent Upon Program Availability**

**Type of Service:**  
 Supervised Visitation  Supervised Exchanges  Other: \_\_\_\_\_

Frequency of Visitation: 1 x per week if services are available **OR**  See attached for details

Maximum duration of each visit: 1 hr - based on service provider discretion and/or availability visits may be shorter in duration.

Are third parties allowed to attend visitations?  No  Yes, whom?

**Date of Next Court Appearance Regarding Custody & Visitation:** 3 months  Next Court Appearance Not Set

**Restraining/Protective Order?**  Yes-current  Not currently-previous protection order  
 Not aware that there has ever been a restraining or protective order issued

Restrained Party: John Long Knife Protected Party: Marie Long Knife and Justin Long Knife

**Other Services Ordered:**

Parenting skills  Parent 1 /  Parent 2  Other: \_\_\_\_\_  Parent 1 /  Parent 2  
 Substance Abuse Program -  Parent 1 /  Parent 2  Other: \_\_\_\_\_  Parent 1 /  Parent 2  
 BIP -  Parent 1 /  Parent 2  Other: \_\_\_\_\_  Parent 1 /  Parent 2

**Confidential Case History:** Please check possible case issues that apply (impressions, allegations or evidence of risk) that are relevant to the safety of a child or protected parent in the supervised visitation or exchange program:

Domestic Violence  P1/ P2  Physical Abuse to Child  P1/ P2  Abduction Concerns  P1/ P2  
 Stalking  P1/ P2  Child Sexual Abuse  P1/ P2  Recent Suicide Attempt  P1/ P2  
 Sexual Assault  P1/ P2  Parenting skill deficit  P1/ P2  Mental Illness  P1/ P2  
 Violation of Court Order  P1/ P  Reunification/Reconnection  P1/ P2  
 Substance Abuse If yes, specify:  alcohol  street  prescription drugs  P1/ P2  
 Emotional Abuse to Child  P1/ P2 Describe: Incident occurred while mother was holding the child.  
 Criminal Information – arrests, convictions or formal charges of criminal offenses  P1/ P2  
Explain what type of criminal offenses: Domestic violence charges pending  
 Other  P1/ P2 Specify:

**Confidential Narrative Case History: Use Additional Pages if Necessary**

**What special guidelines, if any, are suggested for the supervised visitation/exchange program?** The young child was present and involved in the alleged incident that led the Mr. Long Knife’s arrest. Ms. Long Knife expressed concerns about Mr. Long Knife’s ability to care for his son.

**Why services have been ordered, recommended or agreed upon:** No additional services have been ordered at this time.

**IAVC Supervised Visitation and Safe Exchange Court Referral Form**

**Family Information:**

**Name of Parent 1:** Kathy Cloud & A.K.A:  **Mother** **OR**  **Father**

Message #: Primary Language Spoken, if other than English:

**Name of Parent 2:** George Cloud & A.K.A:  **Mother** **OR**  **Father**

Message #: Primary Language Spoken, if other than English:

**FOR COURT USE ONLY: Do not write below**

**Referral Information:**

Date: 12/16/2019 Source:  Family Court  XXX  XXX  Other: Court Case #: DV1002

Contact Name: Judge JT Department #:DV200 Contact Phone Number: 777-8888

Name of Supervised Visitation Provider: Inspire Action Visitation Center

**Service Information: All Services Are Contingent Upon Program Availability**

**Type of Service:**

Supervised Visitation  Supervised Exchanges  Other: \_\_\_\_\_

Frequency of Visitation: 1 x per week if services are available **OR**  See attached for details

Maximum duration of each visit: up to 2 hours - based on service provider discretion and/or availability visits may be shorter in duration.

Are third parties allowed to attend visitations?  No  Yes, whom?

**Date of Next Court Appearance Regarding Custody & Visitation:**  Next Court Appearance Not Set

**Restraining/Protective Order?**  Yes-current  Not currently-previous protection order  
 Not aware that there has ever been a restraining or protective order issued

Restrained Party: George Cloud Protected Party: Kathy, Sonny and Lizzy Cloud

**Other Services Ordered:**

Parenting skills  Parent 1 /  Parent 2  Other: \_\_\_\_\_  Parent 1 /  Parent 2  
 Substance Abuse Program -  Parent 1 /  Parent 2  Other: \_\_\_\_\_  Parent 1 /  Parent 2  
 BIP -  Parent 1 /  Parent 2  Other: \_\_\_\_\_  Parent 1 /  Parent 2

**Confidential Case History:** Please check possible case issues that apply (impressions, allegations or evidence of risk) that are relevant to the safety of a child or protected parent in the supervised visitation or exchange program:

- Domestic Violence  P1/  P2  Physical Abuse to Child  P1/  P2  Abduction Concerns  P1/  P2
- Stalking  P1/  P2  Child Sexual Abuse  P1/  P2  Recent Suicide Attempt  P1/  P2
- Sexual Assault  P1/  P2  Parenting skill deficit  P1/  P2  Mental Illness  P1/  P2
- Violation of Court Order  P1/  P2  Reunification/Reconnection  P1/  P2
- Substance Abuse If yes, specify:  alcohol  street  prescription drugs  P1/  P2
- Emotional Abuse to Child  P1/  P2 Describe:
- Criminal Information – arrests, convictions or formal charges of criminal offenses  P1/  P2

Explain what type of criminal offenses: Arrested for a domestic while children were present.

Other  P1/  P2 Specify:

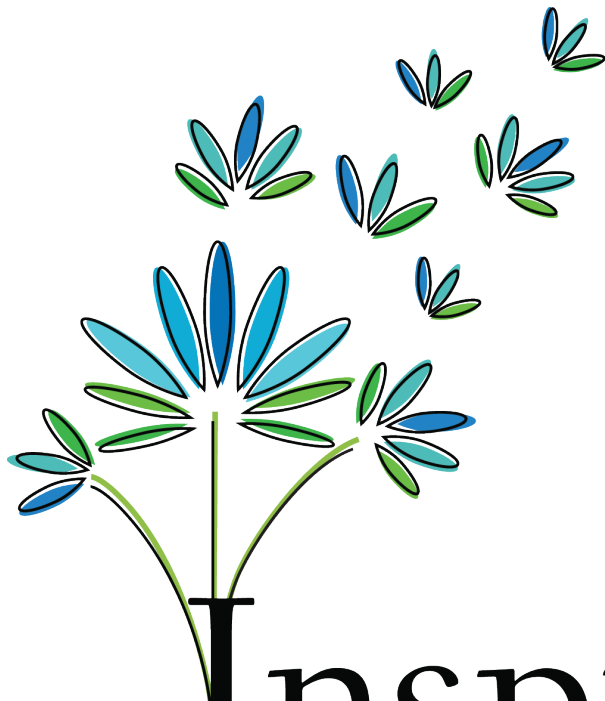
**Confidential Narrative Case History: Use Additional Pages if Necessary**

**What special guidelines, if any, are suggested for the supervised visitation/exchange program?** Ms. Cloud is very afraid of Mr. Cloud. The young children have not seen their father in three months and the last time they saw their dad he was being arrested by their cousin.

**Why services have been ordered, recommended or agreed upon:**

Inspire Action for Social Change - B. McNamara & J. Rose

Sample Form – Not Intended as a model practice/form – Intended to be used to facilitate a discussion between SV staff and the court to develop a referral process that fits the needs of their specific community.



# Inspire

*Action for Social Change*



United States Department of Justice

Office on Violence Against Women

*Working Together to End the Violence*

## **Supervised Visitation Immersion Training on Working with American Indian & Alaskan Native Survivors and Families**

Name:

*This project is supported by Grant No. 2015-TA-AX-K020 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.*





## Supervised Visitation Immersion Training for Working with

### American Indian and Alaska Native Survivors and Families

The goal of the Supervised Visitation Immersion Training for Working with American Indian and Alaska Native Survivors and Families is to provide an interactive and intensive training designed to inspire and prepare trainees to become confidently equipped to operate a visitation center which addresses domestic violence, dating violence, child abuse, sexual assault, or stalking with American Indian and Alaska Native families and communities.

*As a result of this training, participants will be better able to:*

- **Understand** the experience of American Indian and Alaska Native adult and child victims who have experienced domestic violence, child abuse, sexual assault, stalking and dating violence.
- **Incorporate** a strong connection between understanding domestic violence and the role of supervised visitation center services.
- **Provide** culturally responsive visitation services.
- **Develop** a deeper understanding of themselves and their outlook on the world and informs and impacts their work.
- **Build** a strong skills-based practice of conducting supervised visitation services.
- **Engage** and build relationships with American Indian and Alaska Native women, men, and children through listening and dialogue.

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## Day 1

<b>9:00 AM</b>	<b>Welcome and Introductions</b>
<b>9:15 AM</b>	<b>Overview and Grounding</b>
<b>9:45 AM</b>	<b>“The Way I See It” Experiential Exercise</b>
<b>10:30 AM</b>	<b>Break</b>
<b>10:45 AM</b>	<b>The Practice of Supervised Visitation: Staff Orientation Part 1</b>
<b>12:00 PM</b>	<b>Lunch on Your Own</b>
<b>1:15 PM</b>	<b>The Practice of Supervised Visitation: Staff Orientation Part 2</b>
<b>2:15 PM</b>	<b>Break</b>
<b>2:30 PM</b>	<b>The Practice of Supervised Visitation: Staff Orientation Part 3</b>
<b>3:30 PM</b>	<b>Conducting a Visit Practice Session: Part 1</b>
<b>4:45 PM</b>	<b>Wrap-up Discussion and Homework Assignment</b>

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**5:00 PM**            **End of Day**

**Day 2** 

**9:00 AM**            **Welcome Back & Opening Comments**

**9:10 AM**            **Staff Meeting #1: Intervening in Supervised Visitation**

**10:15 AM**           **Break**

**10:30 AM**           **Conducting a Visit Practice Session: Part 2**

**12:00 PM**           **Lunch on Your Own**

**1:00 PM**            **Staff Meeting #2**

**2:30 PM**            **Break**

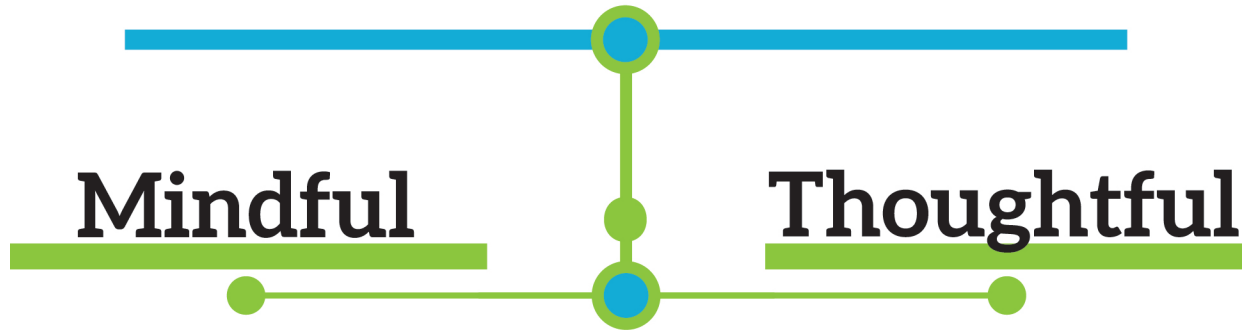
**2:45 PM**            **Moving Forward**

**3:45 PM**            **Wrap-Up and Evaluation**

**4:00 PM**            **End of the Training**

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# IN-THE-MOMENT DECISION-MAKING



## Cues That Guide Our Decisions...





# Visitation Planning Tool

What about each child's lived experience of battering do we need to account for:  
**BEFORE** each visit? **DURING** each visit?  
**AFTER** each visit?

What about a woman's experience of being battered do we need to account for:  
**BEFORE** each visit? **DURING** each visit?  
**AFTER** each visit?

**SAFETY**

How will each person's humanity and unique life circumstances be addressed?  
**BEFORE** each visit? **DURING** each visit?  
**AFTER** each visit?

**HOW, WHEN & WHERE**  
will the parent needing protection arrive and depart from the center?  
**HOW, WHEN & WHERE**  
will the abusing parent arrive and depart from the center?

How will we support **SAFETY** for each woman, child, and man using the center?  
•What are the unique triggers?  
•What are the safety risks?

How will we ensure we acknowledge the **HUMANITY** and **UNIQUE** life circumstances of each individual?

How will we lead with **CARE** and **COMPASSION??**

How will we **CONNECT** with women, men, and children in a deliberate, intentional and thoughtful way?

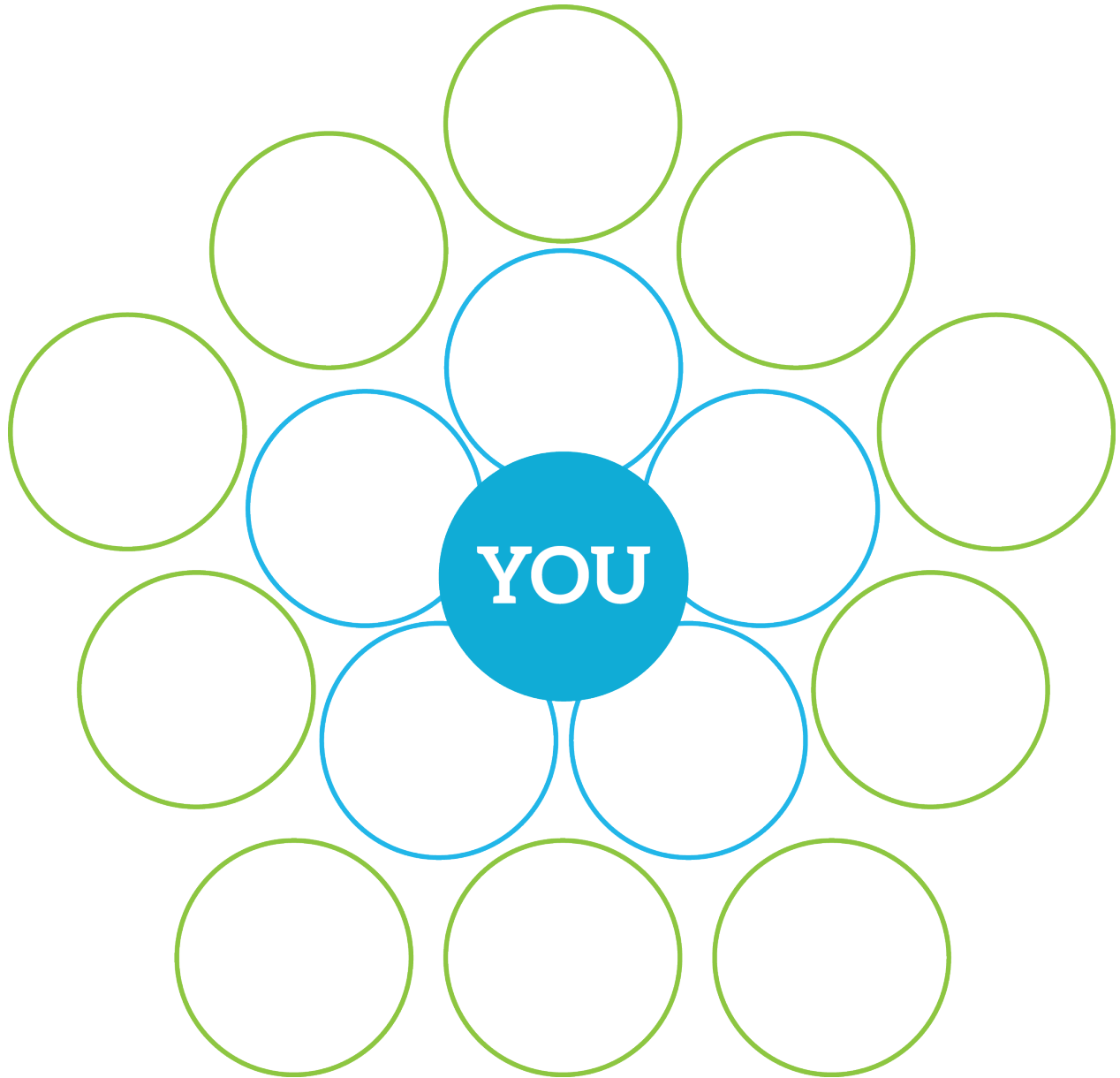
How will we **COUNTERACT** the experiences/tactics of battering?



## Self-Reflection Worksheet A

### Who Are You?

**Part B. (5 minutes):** Look carefully at the words you've written on the previous page (Part A). Write the words that describe you the best, or are the most important in your own understanding of yourself, nearest to the middle circle. Put the words that are less important or less key to how you define yourself farther from the middle circle.



# Self-Reflection Worksheet A

## Who Are You?

### Part C. (10 minutes)

1) Choose five words (can pull from the list you developed in Part A) that someone meeting you for the first time would probably use to describe you:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

2) Write down the five words from Part B nearest to the middle circle:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

3) With a partner, discuss Questions 1 & 2: How are the five words from Question 1 similar or different from the five most important words you selected for Question 2?

# Self-Reflection Worksheet B

## My Resilience

Part A. (10 minutes)

### My Professional Resilience: Implementation & Support Plan

What on-going, communal practices do you engage in that fill you up, confirm positive worldviews and beliefs that are important to you, and contribute to mind/body/spirit wellness:

What practices or habits can you engage in with co-workers that contribute to your wellness at work? Are these daily or weekly practices? Who can help you?

What do you need from leadership at work for wellness?  
Are you able to share these needs with leadership? Why or why not?

Adapted from: *A Self-Reflection Journal for Supervised Visitation Staff*, McNamara, B., Rose, J., and Fairchild, E. (2017), Inspire Action for Social Change.  
[www.inspireactionforsocialchange.org](http://www.inspireactionforsocialchange.org)

## Self-Reflection Worksheet B

During a particularly stressful day, what can you do to maintain wellness and decrease stress symptoms for yourself? Who can help?

After a particularly stressful day, what can you do to re-center your own wellness when the day is over? Who can help?



Adapted from: *A Self-Reflection Journal for Supervised Visitation Staff*, McNamara, B., Rose, J., and Fairchild, E. (2017), Inspire Action for Social Change.  
[www.inspireactionforsocialchange.org](http://www.inspireactionforsocialchange.org)

# Self-Reflection Worksheet C

## Building Cultural Understanding

**10 minutes**

Take a moment to read the following statements and consider if you agree or disagree with the statements. Once you complete the list, take a few moments to reflect on your responses.

As you reflect on your responses think about the following:

- What comes up for you about your culture?
- Based on your responses can you identify 1) Places you have power and privilege? and 2) Ways you experience oppression due to your culture?
- What have you learned about yourself?
- How can this awareness support your work with individuals and families from diverse cultures and backgrounds?

**In my culture....**

I was told I can be anything I want when I grew up and I believed it.

Agree.....Disagree

I see many examples of people like me on TV, in entertainment, in professional jobs, or in government.

Agree.....Disagree

People like me are often shown to be heroes and leaders.

Agree.....Disagree

My religious practice encourages the spread of our shared religious beliefs onto others, so they can be helped spiritually.



## Self-Reflection Worksheet C

Agree.....Disagree
I believe I can join any religion I choose. Agree.....Disagree
Spirituality and religion have the same meaning. Agree.....Disagree
The criminal justice system is there to protect and help me. Agree.....Disagree
I get approached by other people not of my culture asking if they can touch my hair. Agree.....Disagree
I can go through life being myself and not be worried about how I represent my cultural association with others. Agree.....Disagree
Most of the people in my family have attended college. Agree.....Disagree

## Self-Reflection Worksheet D

# Similarities and Differences

**Step 1 (5 minutes):** Privately think about one family you worked with at the Inspire Action Visitation Center and complete the following:

Write down three ways you are different from the father of this family:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Write down four ways you are similar to the father of this family:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Write down three ways you are different from the mother of this family:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Write down four ways you are similar to the mother of this family:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Self-Reflection Worksheet D

# Similarities and Differences

**Step 2 (5 minutes):** Ask yourself the following questions:

1. What comes to your mind as you re-read each list?

2. What surprises you about these lists?

3. What will you take away from this process?

## Self-Reflection Worksheet E

# Beliefs and Assumptions

**Step 1 (10 minutes):** Responding to the middle circle of each of the following graphics (pages 13-16), complete the surrounding circles with your initial thoughts.



# Beliefs and Assumptions



# Beliefs and Assumptions



# Beliefs and Assumptions



## Self-Reflection Worksheet E

# Beliefs and Assumptions

**Step 2 (5 minutes):** Responding to the following:

1. Reflecting upon your responses in Step 1, how do you think these beliefs impact your work with...

- Women using the center:

- Children using the center:

- Men using the center:

2. What did you learn from your response about what center staff “should do”?



## Self-Reflection Worksheet F

# Needs and Acceptance

**Step 1 (15 minutes total, all steps):** Privately respond to the following questions:

I am most insecure about...

I feel accepted when...

I am most afraid of...

I get my needs met by...

**Step 2:** Reflecting back to your responses in Step 1, what impact do these responses have on:

- Your family

- Your friends

- Your work

## Self-Reflection Worksheet F

# Needs and Acceptance

**Step 3:** Think of one person from a family you worked with at Inspire Action Visitation Center and ask...

\_\_\_\_\_ is most insecure about...  
(name of person)

\_\_\_\_\_ feels accepted when...

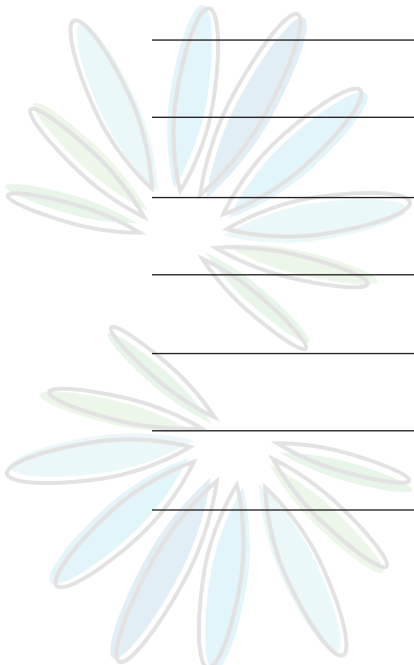
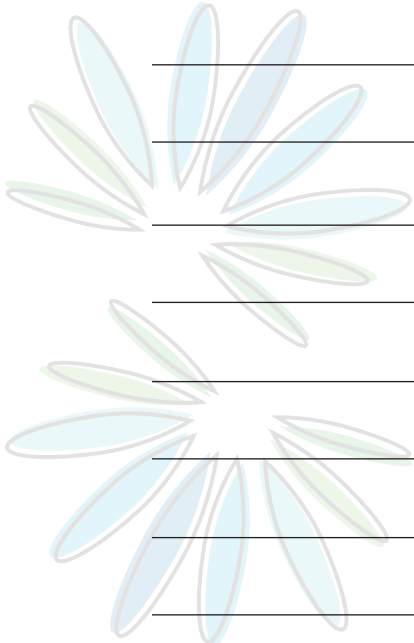
\_\_\_\_\_ is most afraid of...

\_\_\_\_\_ gets their needs met by...

**Step 4:** Individually take a moment to reflect on the similarities and differences between your responses in Step 1, and your responses in Step 3.

# “Take Home” Topics Worksheet

What ideas, practices, and/or strategies would you like to integrate into your work?



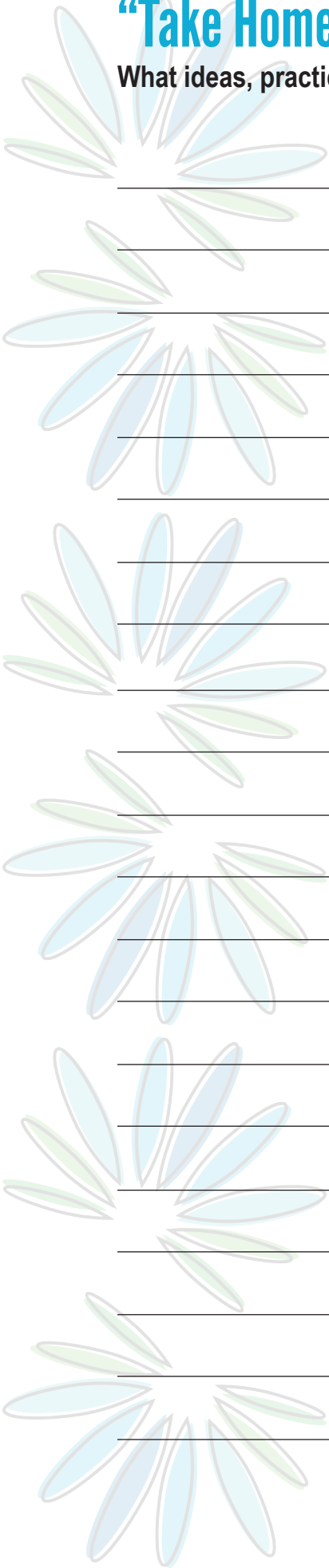
A series of horizontal lines for writing, providing space for the user to answer the question above.





# “Take Home” Topics Worksheet

What ideas, practices, and/or strategies would you like to integrate into your work?



# Action Planning Worksheets

## Step 1: Personal Growth



As a result of this training and your self-reflection work, identify three personal changes you would like to make (5 minutes).

Change	What do I need to do to make this change?	What challenges will I face?	What type of support will I need?	Who can provide this support?
1.				
2.				
3.				

## Action Planning Worksheets

# Step 2: Organizational Practice Shifts - Individual

Review your take home topic notes and determine what three organizational practice changes YOU would like to make (5 minutes).

Change	What will need to take place to make this change?	What challenges will we face?	What type of support will we need?	Who can provide this support?
1.				
2.				
3.				



## Action Planning Worksheets

# Step 3: Organizational Practice Shifts - Team

As a team, determine 3-4 organizational changes YOUR TEAM would like to make (20 minutes).

Changes	What will we need to make this change?	What challenges will we face?	What type of support will we need?	Who can provide this support?
1.				
2.				
3.				
4.				



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**Beth McNamara** is a social worker who received her degree from the University of Wisconsin. Hailing from a small town in the Midwest, Ms. McNamara currently resides in the state of Montana. She has been an advocate to end violence against women since 1987. Her experience has covered the span of both sexual assault, and domestic violence prevention work. Beth is the co-founder and Co-Executive Director of Inspire Action for Social Change, a non-profit organization working to create social change and end violence against women and children. Since 2005, Beth has been working with Praxis International and also provides training and technical assistance as a consultant for the Family Violence Department for the National Council of Juvenile and Family Court Judges, as well as for Futures Without Violence. Beth was the director of the Family Service Agency, Family Visitation Center in the Bay Area of California for thirteen years. Over the course of her career in supervised visitation, she planned, designed, and operated five different supervised visitation centers. She was responsible for program operations, development, sustainability, training, direct service, advocacy, and the supervision and mentoring of staff and volunteers. Beth has also worked in the mental health and chemical dependency fields for several years in the early stages of her professional life.

### **Supervised Visitation and Safe Exchange Publications:**

McNamara, B. and Rose, J. (2017). *Change is Possible: An Enhanced Model of Supervised Visitation for Families Impacted by Domestic Violence*. Inspire Action for Social Change.

McNamara, B., Rose, J., and Fairchild, E. (2017). *A Self-Reflection Journal for Supervised Visitation Staff*. Inspire Action for Social Change.

## **Supervised Visitation and Safe Exchange Publications Cont.:**

McNamara, B. and Rose, J. (2015). *Creating Opportunities for Safety and Change in Supervised Visitation Programs: A policy framework for engaging men who use violence*. Futures Without Violence & Inspire Action for Social Change.

McNamara, B., Hansen-Kramer, M., Tilley, J., Sadusky, J. (2009). *Engaging with Battered Women in Supervised Visitation Centers*. Praxis International.

McNamara, B., Hansen-Kramer, M., Tilley, J., Sadusky, J. (2009). *Engaging with Men Who Batter in Supervised Visitation Centers*. Praxis International.

McNamara, B., Sadusky, J., Shepard, M. (2009). *Informing the Practice of Supervised Visitation Centers*. Praxis International.

McNamara, B., Rose, J., Pence, E., Kanuha, V., Hansen-Kramer, M., Tilley, J., and Sadusky, J. (2008) *Building the Practice of Orientation in Supervised Visitation and Safe Exchange: A Trainer's Guide*. Praxis International.

## **Supervised Visitation and Safe Exchange Publications Contributed To:**

*Responding to Stalking: A Guide for Supervised Visitation and Safe Exchange Programs* (2015). Inspire Action for Social Change, National Center for Victims of Crime, and The Stalking Resource Center.

Sadusky, J. (2008) *Building Safety, Repairing Harm: Lessons and Discoveries from the Supervised Visitation Program Demonstration Initiative*. Praxis International.

Sadusky, J. (2004; Rev. 2006) *Exploring a Question: How does the work of a visitation center produce or not produce safety for everyone involved? A report from the California Safe Havens Demonstration Site Safety Audit*. Praxis International.

Arean, J., (2008) *Fathering After Violence: Working with Abusive Fathers in Supervised Visitation*. Family Violence Prevention Fund.



**Jennifer Rose** has been working as an advocate and activist to end violence against women and children for the past 20 years. Jennifer is the co-founder of Inspire Action for Social Change and is currently working as a consultant, locally and nationally, to provide training and technical assistance on the issues of violence against women and girls, supervised visitation and safe exchange, engaging men who batter, oppression, community organizing, and LGBTQ issues. Jennifer has recently returned to the Walnut Avenue Women's Center as the Co-Executive Director. During her first tenure at WAWC she worked to build a program that provided both crisis intervention and long-term advocacy and support for women and their families. In this role she also opened a supervised visitation center that was part of a national demonstration initiative funded through the Office of Violence Against Women. Jennifer works as a consultant to Futures without Violence, The National Resource Center on Domestic Violence, and The National Council of Juvenile and Family Court Judges. Jennifer received her BA in Anthropology and Women's Studies from Fort Lewis College and her MSW from San Jose State University.

### **Supervised Visitation and Safe Exchange Publications:**

McNamara, B. and Rose, J. (2017). *Change is Possible: An Enhanced Model of Supervised Visitation for Families Impacted by Domestic Violence*. Inspire Action for Social Change.

McNamara, B., Rose, J., and Fairchild, E. (2017). *A Self-Reflection Journal for Supervised Visitation Staff*. Inspire Action for Social Change.

## **Supervised Visitation and Safe Exchange Publications Cont.:**

Rose, J. and McNamara, B. (2015). *Creating Opportunities for Safety and Change in Supervised Visitation Programs: A policy framework for engaging men who use violence*. Futures Without Violence & Inspire Action for Social Change.

Rose, J., Bell, M., and Goodman, L. (2012) *“You Can’t be Held Accountable if You Don’t Count” The Impact of the National Institute on Fatherhood and Domestic Violence, and Visitation on the capacity of supervised Visitation centers to engage men and enhance family safety*.

Rose, J., McNamara, B., Pence, E., Kanuha, V., Hansen-Kramer, M., Tilley, J., and Sadusky, J. (2008) *Building the Practice of Orientation in Supervised Visitation and Safe Exchange: A Trainer’s Guide*. Praxis International.

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Arean, J., (2008) *Fathering After Violence: Working with Abusive Fathers in Supervised Visitation*. Family Violence Prevention Fund.



## Jeremy NeVilles-Sorell



**Jeremy NeVilles-Sorell** White Earth Ojibwe. Jeremy is the Training & Resource Director of Mending the Sacred Hoop. Growing up witnessing violence in the home and experiencing its after-effects led Jeremy into the work to address violence. Wanting to work with children who have similar experiences, he began his career in 1994, supervising visits and exchanges in cases involving intimate partner violence at the Duluth Family Visitation Center and running the Children's Program at Women's Transitional Housing Coalition in Duluth, Minnesota. In 1998 Jeremy began working with Mending the Sacred Hoop providing training and technical assistance. Jeremy has conducted groups with teenage boys and girls on abusive relationships and has facilitated groups for Native men who have battered. He speaks locally and nationally on his firsthand knowledge of the dynamics of children who experience living in violent homes, community organizing and education and working with men who batter.







**Supervised Visitation Immersion Training for Working with  
American Indian and Alaska Native Survivors and Families**

**Day 1 Evaluation**

**DATE OF THIS TRAINING:** \_\_\_\_\_

1.1) On a scale of 1-4, how satisfied overall are you with today's training?

1	2	3	4
Not at all satisfied.....Very satisfied			

1.2) How useful did you find the following training segments?

	Not useful			Very useful
"The Way I See It" Experiential Exercise	1	2	3	4
Staff Meeting #1: Foundational Grounding	1	2	3	4
"In-the-Moment" Framework	1	2	3	4
"In-the-Moment" Activity	1	2	3	4
Self-Reflection Work	1	2	3	4
Policy and Procedure Activity	1	2	3	4



# Inspire Action for Social Change

Conducting a Visit Practice Session	1	2	3	4
-------------------------------------	---	---	---	---

1.3) What portion(s) of today's training did you find the most useful? And why?

1.4) What do you think could be improved? And why?

1.5) Are there any additional perspectives or points of view you would like us to consider?



# Inspire Action for Social Change

## Supervised Visitation Immersion Training for Working with American Indian and Alaska Native Survivors and Families

### Day 2 Evaluation

**DATE OF THIS TRAINING:** \_\_\_\_\_

2.1) On a scale of 1-4, how satisfied overall are you with today's training?

1	2	3	4
Not at all satisfied.....Very satisfied			

2.2) How useful did you find the following training segments?

	Not useful useful	2	3	Very 4
Hopes and Fear Activity	1	2	3	4
Intervening in Supervised Visitation	1	2	3	4
Conducting a Visit Practice Session	1	2	3	4
"In-the-Moment" Activity	1	2	3	4
Self-Reflection Work	1	2	3	4
Action Planning	1	2	3	4



2.3) What portion(s) of today's training did you find the most useful? And why?

2.4) What do you think could be improved? And why?

2.5) Are there any additional perspectives or points of view you would like us to consider?



## OVERALL TRAINING REFLECTIONS

A. Thinking back on the last two days, what element or elements of the training are you most likely to put into use once back in your community?

	Yes, I'll use this!	I wish, but my center would never go for it.	No, I don't think I'll use this.
"In-the-Moment" Decision-Making Framework			
<i>Intervention Techniques</i>			
<i>Visitation Planning</i>			
<i>Key Strategies for Supervised Visitation Center Work</i>			
<i>Self-Reflection Work</i>			
<i>Conducting Visitation Center Skills and/or Tips</i>			



## Inspire Action for Social Change

B. Do you have any comments you want to share about your answers in section A?

C. What did you like about this training?

D. What else could this training have done or included in order to support your work?



## Inspire Action for Social Change

E. Any other comments, questions or observations you would like to share with us?

Thank you so much for participating in Immersion Training!

Safe Travels.

