

Survivor of domestic violence

## Do you feel safe at home? Does your partner ever . . .

frighten you? try to control everything you do? blame you?

isolate you from family or friends? humiliate you in private or public?

push, slap or kick you? lock you out of the house?

threaten to hurt you, other family members, friends, or pets?

If you can answer yes to any of these, you may be a victim of domestic violence.

It is not your fault! You are not alone!

## Domestic violence happens, even in our congregation! Everyone deserves to be safe!

## For Immediate Help

#### Call the National Domestic Violence Hotline 1-800-799-7233/SAFE

The National Domestic Violence Hotline is free, confidential, and available 24/7. Language translation is available. Anyone can call. You do not have to give your name or identifying information to receive help.

Call your local police, sheriff, or Public Safety Officer

Or

DIAL 911 (where available)

Add local service provider information.

If there is no local information here, call the National Domestic Violence Hotline (1-800-799-7233/SAFE) and ask for services in your area.



### **Pieces of a Bigger Picture**

Faith Communities and Service Providers Working Together to Support Victims of Sexual and Domestic Violence

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# "Victims, survivors, and surviving family members consistently turn to their faith communities for support and safety." Georgia Commission on Domestic Violence, 2009 Fatality Review

## Domestic violence IS an issue in our congregation!

1 in 4 women and 1 in 7 men will experience domestic violence at the hands of a husband, wife, boyfriend, girlfriend, or intimate partner.

Domestic violence can affect anyone!

#### Many faithful Americans turn to someone in their faith community for HOPE...and help. You can be that help!

- Listen with compassion and without judgment.
- \* Encourage the domestic violence survivor to think about their safety. Don't talk to anyone else about the situation without their permission.
- Let the survivor know they are not alone. Provide emotional, material, and spiritual support.
- Refer the survivor to local domestic violence advocates for expert help, safety planning, and support.
- Couple's counseling is dangerous and is NOT recommended.

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