

# **STALKING ON CAMPUS:** **KNOW IT, NAME IT, STOP IT** *Public Awareness Training*

**SPARC** STALKING  
PREVENTION,  
AWARENESS,  
AND RESOURCE  
CENTER

This project was supported by Grant No. 2017-TA-AX-K074 awarded by the U.S. Department of Justice, Office on Violence Against Women (OVW). The opinions, findings, conclusions, and recommendations expressed in this program are those of the authors and do not necessarily reflect the views of OVW.

# Introduction

# Trauma Warning

*Today's program will discuss stalking and interpersonal violence in detail.*



# Why Learn About Stalking?

**So, why take the time to learn about stalking?**

PART 1

# Know It

# Scenarios: What's Going On?





**CONTEXT**

*is often what makes stalking*

**SCARY**



# Context is Critical






# WHAT IS STALKING?

## Campus Definition

**Stalking is a pattern of behavior directed at a specific person that would cause a reasonable person to feel fear for the person's safety or the safety of others; or suffer substantial emotional distress.**




*If what's happening is*  
**scary/distressing,**  
**not the first incident,** *and*  
**targets the same person,**  
*it could be stalking.*



**"He knows everything  
about me –  
I am so frightened."**

**-- Stalking Victim**


Kelly, K. (2020, March 24). Greater stalker bugged his ex-girlfriend's car and turned up on her new boyfriend's doorstep. The Streets Gazette. <https://www.thestreetsgazette.com/news/crime/shiner-stalker-bugged-his-ex-girlfriends-car-and-joined-her-new-boyfriends-doorstep-2506708>



**"My entire life has been stolen from me.  
My privacy has been taken from me.  
I'm humiliated daily.  
It's a living hell."**

**-- Stalking Victim**

Greenberg, A. (31 Jan 2017). Spooled: Gender Accounts turned One Man's Life into a Living Hell. Wired Magazine. <https://www.wired.com/2017/01/gender-lawuit-spoiled-accounts/>



**"I don't understand.  
I just want to be left alone  
and move on with my life."**

**-- Stalking Victim**

Tempus, K. (2020, March 19). Occoche Falls dentist gets nine months in jail for witness intimidation. Green Bay Gazette. <https://www.greenbaypressgazette.com/story/news/local/ococoto-county/2020/03/19/ococoto-falls-dentist-gets-nine-months-jail-witness-intimidation/2873357001/>



**"It is beyond a nightmare...  
I do not feel safe at all."**

**-- Stalking Victim**

55G San Antonio. (2020, December 18). Woman claims ex-boyfriend still calling her from jail after stalking arrest. NEWS4SA.



# Stalking is a **PATTERN**

- Not a single incident or “one off” event
- Called a “course of conduct” in most stalking laws



PART 2

# Name It

# Brainstorm: Stalking Behaviors



## **SURVEILLANCE**

*watching, following,  
gathering information*



## **INTIMIDATION**

*Threatening and/or  
scaring the victim*



## **LIFE INVASION**

*Showing up in the  
victim's life*



## **INTERFERENCE**

*Sabotaging, attacking,  
or otherwise changing  
the victim's life*





# SURVEILLANCE

## *Examples*

- Following or checking in on (on foot, in a car, online)
- Watching/waiting places victims might be
- Planting and/or accessing a camera, GPS, and/or recording device
- Keeping track of the person's online/social media activity, researching them
- Hacking into accounts and/or monitoring someone's devices
- Asking friends/roommates/classmates about the person



# LIFE INVASION

## *Examples*

- Messaging, texting, e-mailing, and otherwise contacting across platforms
- Calling the person's phone, including hang-ups
- Contacting other people close to the victim
- Showing up – in public and private spaces (victim's dorm, outside of class, library)
- Joining student activities or enrolling in classes the victim is a part of
- Leaving gifts/packages/notes for the victim
- Spreading rumors and/or misinformation



# INTERFERENCE THROUGH SABOTAGE OR ATTACK

## *Examples*

- Hacking/tampering with accounts (financial, academic, e-mail, social media)
- Impersonating the victim online
- Forced confrontations (like standing in the dorm hallway)
- Damaging property
- Sabotaging through spreading rumors, public humiliation, or otherwise ruining reputation
- Causing trauma and/or physical injury that the victim needs to spend time and resources to address



# INTIMIDATION

## *Examples*

- Verbal, written, and/or online threats to hurt, embarrass, or otherwise cause harm
- Direct/explicit threats (“I will hurt you”)
- Indirect/implicit threats (“remember when you told me that secret?”)
- Sending third parties to watch/intimidate
- Symbolic violence (like scary gestures) and property damage (like slashed tires)
- Blackmail/threats to release intimate or private photos, messages, or information
- Threats to hurt oneself and/or the victim’s loved ones (roommates, friends, family, pets, etc.)
- Forced confrontations, like standing in the hallway

# Stalking Prevalence

More than

**1 in 6 women**



&

More than

**1 in 17 men**



experience **stalking** in their lifetimes.

# Stalking Dynamics

**Women are more likely than men to experience stalking.**

**The majority of victims report that the offender is male - regardless of the victim's sexual orientation.**



Cantor, D., et al. (2020). Report on the AAU Climate Survey on Sexual Assault and Sexual Misconduct. Westat.

Black, M.C., Basile, K.C., Breiding, M.J., Smith, S.G., Walters, M.L., Merrick, M.T., Chen, J. & Stevens, M.R. (2011). The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

# College Student Victims: Marginalized Populations



Students who identify as transgender, nonbinary, or genderqueer experience the highest rates of stalking.

Students with disabilities were twice as likely to experience stalking as students without.



Black students and Native American students were over 30% more likely to experience stalking than their counterparts.

Davis, G.E., Hines, D.A., & Palm Reed, K.M. (2021). Routine Activities and Stalking Victimization in Sexual Minority College Students. *Journal of Interpersonal Violence*, 1-29.

Reyns, B. W., & Scherer, H. (2018). Stalking victimization among college students: The role of disability within a lifestyle-routine activity framework. *Crime & Delinquency*, 64(5), 650-673.

Cantor, D., et al. (2020). Report on the AAU Climate Survey on Sexual Assault and Sexual Misconduct. Westat.

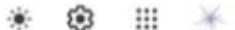
Fedina, L., Backes, B. L., Sulley, C., Wood, L., & Busch-Armendariz, N. (2020). Prevalence and sociodemographic factors associated with stalking victimization among college students. *Journal of American College Health*, 68(6), 624-630.



# Image Results for "Stalking"



stalking



Q All News Images Books Videos More

Tools

Collections SafeSearch



Stalking | Office on Women's Health  
womenshealth.gov



Stalking: Know it. Name it. Stop it. | CDC  
cdc.gov



how to effectively combat stalki...  
theconversation.com



Stalking Behavior Patterns and Cycles ...  
safeconnections.org



Stalking - Family Services Inco...  
familyservicesinc.net



the only way to fight stalking ...  
tehelka.com



When Stalking Becomes Apart of Your ...  
safehavenofashland.org



Number of Reported Stalking Cases ...  
zippon.com



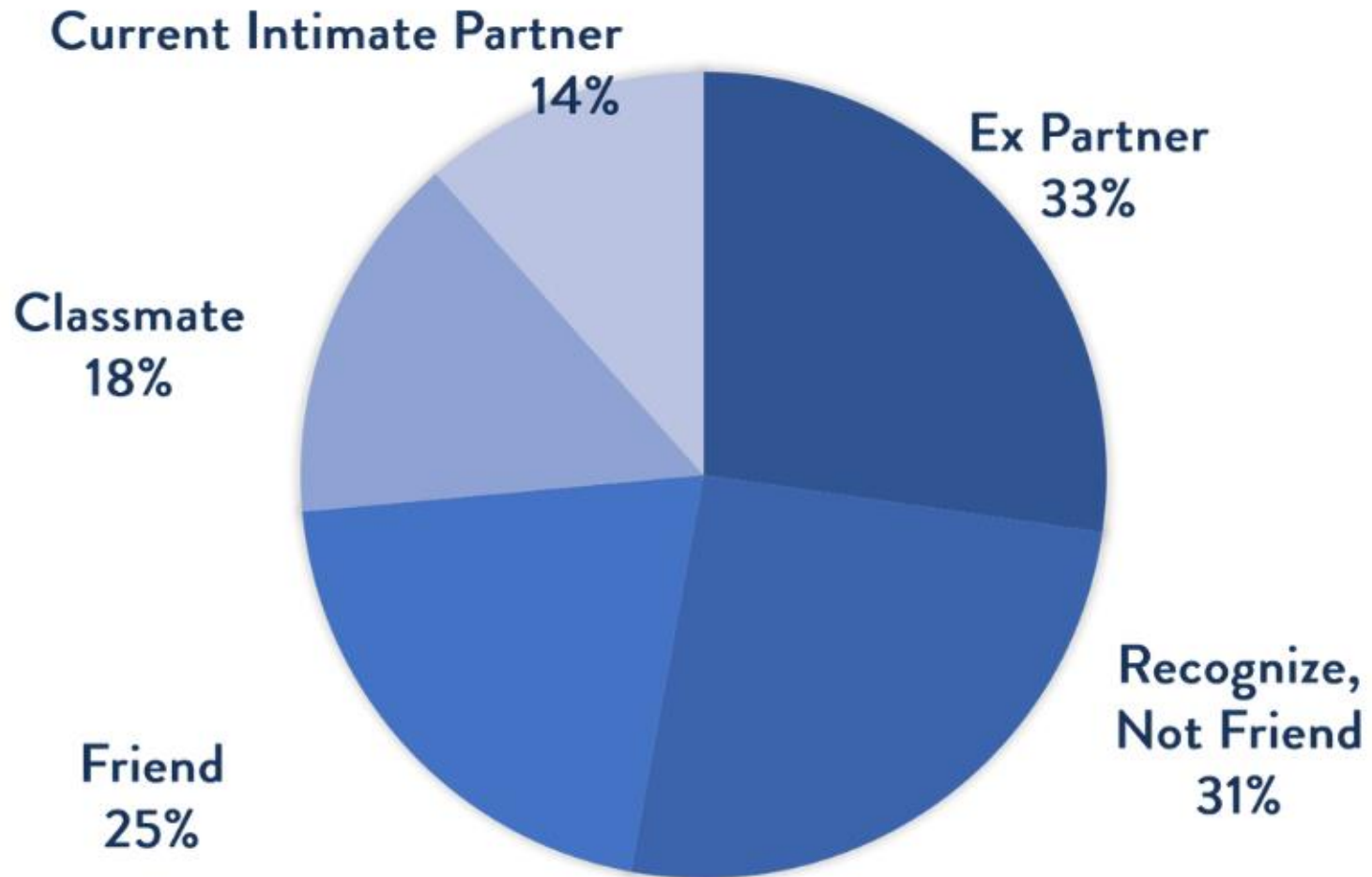
Google pulls stalking apps from the ...  
engadget.com



Stalking - Crime Prevention ...  
uwgb.edu



# Who are Stalkers on Campus?



“Research suggests that victims rely on notions of what a 'real' or 'legitimate' crime looks like, and these perceptions may impact reporting decisions.”

Reynes, B.W., & Englebrecht, C.M. (2012). The Fear Factor: Exploring Predictors of Fear Among Stalking Victims Throughout the Stalking Encounter. *Crime & Delinquency* 59(5): 788-808. DOI: 10.1177/001128712461123



On average, intimate partner stalkers pose the greatest threats to their victims.

**WHY?**



# Group Activity

## Caitlin Mathis Story & Discussion



Caitlin Mathis and Charles Bryant. CAITLIN MATHIS  
cbsnews.com





# Discussion Questions:

(5-10 Minutes)

1. What stalking behaviors did Charles use to scare Caitlin?
2. What are some examples of contextually frightening behaviors (i.e., experiences that were scary to Caitlin, but may have been difficult to explain to outsiders)?
3. How might you respond if Caitlin was your friend and told you about Charles coming onto campus after the break-up?
4. At what point do you think Charles became scary? Was there one clear moment, or would it be different for different people?
5. How did Charles' stalking behavior impact Caitlin? Others?



PART 3

# Stop It

# Don't Normalize Stalking

**I'm totally Facebook stalking you and saw your new photos! So cute!**

**OMG thanks!**

**The casual use of the word “stalking” can dilute the term.**

~~unrequited love.~~  
~~just being awkward.~~  
~~a little weird.~~  
~~not a big deal.~~  
~~harmless.~~  
~~romantic.~~

# STALKING

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KNOW IT NAME IT **STOP IT**

# Supporting Others



**Most victims of stalking talk to a friend,  
family member, or someone**



# Spread the Word

**ENTENDER EL ACECHO**

Social Media

Más de 1 de cada 6 mujeres y 1 de cada 17 hombres son víctimas de acecho durante su vida.

**UNDERSTANDING STALKING**

Social Media

More than 1 in 6 women and 1 in 17 men will be stalked in their lifetimes.

unrequited love.  
just being awkward.  
a little weird.  
not a big deal.  
harmless.  
romantic.

**STALKING**

**KNOW IT NAME IT STOP IT**  
learn more at [stalkingawareness.org](http://stalkingawareness.org)

PHONE CALLS  
TEXT MESSAGES  
FOLLOWING  
SHOWING UP UNWANTED  
HARASSING BY WORDS, HARRASSING BY COURT  
**THREATS**  
HARMING ANIMALS, PROPERTY DAMAGE  
FILMING WITHOUT CONSENT

IT'S DOMESTIC VIOLENCE AND  
**IT'S STALKING.**  
BEFORE, DURING AND/OR AFTER A RELATIONSHIP.

**KNOW IT NAME IT STOP IT**  
learn more at [stalkingawareness.org](http://stalkingawareness.org)



JANUARY IS  
— NATIONAL —  
**STALKING**  
AWARENESS MONTH  
KNOW IT. NAME IT. STOP IT.

**How are you planning to spread the word?**

LEARN \* TEACH \* SHARE \* REFLECT

[StalkingAwareness.org](https://StalkingAwareness.org)



# **For Help on Campus**

[Optional: insert campus resources here]

**What will you do to  
address stalking?**

*Learn More at*

**[www.StalkingAwareness.org](http://www.StalkingAwareness.org)**

**\*Fact Sheets & Infographics**

**\*Awareness Resources & Videos**

**\*Tips for Helping Friends**

**\*Discussion Guides**



*@FollowUsLegally*

# SPARC

STALKING  
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[www.StalkingAwareness.org](http://www.StalkingAwareness.org)

# THANK YOU!

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