

STALKING:

KNOW IT, NAME IT, STOP IT

Public Awareness Training

SPARC STALKING
PREVENTION,
AWARENESS,
AND RESOURCE
CENTER

This project was supported by Grant No. 2017-TA-AX-K074 awarded by the U.S. Department of Justice, Office on Violence Against Women (OVW). The opinions, findings, conclusions, and recommendations expressed in this program are those of the authors and do not necessarily reflect the views of OVW.

Introduction

Trauma Warning

Today's program will discuss stalking and interpersonal violence in detail.



Why Learn About Stalking?



PART 1

Know It

Scenarios: What's Going On?





CONTEXT

is often what makes stalking

SCARY

Context is Critical




WHAT IS STALKING?

Behavioral Definition

Stalking is a pattern of behavior directed at a specific person that would cause a reasonable person to feel fear for the person's safety or the safety of others; or suffer substantial emotional distress.



If what's happening is
scary/distressing,
not the first incident, *and*
targets the same person,
it could be stalking.



**"He knows everything
about me –
I am so frightened."**

-- Stalking Victim

Kelly, K. (2020, March 24). Greeter stalker bugged his ex-girlfriend's car and turned up on her new boyfriend's doorstep. The Streets Gazette. <https://www.thestreetsgazette.com/news/crime/shiner-stalker-bugged-his-ex-girlfriends-car-and-banned-her-new-boyfriends-doorstep-2506708>



**"It is beyond a nightmare...
I do not feel safe at all."**

-- Stalking Victim


SBG San Antonio. (2020, December 18). Woman claims ex-boyfriend still calling her from jail after stalking arrest. NEWS4SA.



**"I don't understand.
I just want to be left alone
and move on with my life."**

-- Stalking Victim

Tempus, K. (2020, March 19). Oconto Falls college girls nine months in jail for witness intimidation. Green Bay Gazette. <https://www.greenbaypressgazette.com/story/news/local/oconto-county/2020/03/19/oconto-falls-dertie-gies-nine-months-jail-witness-intimidation/287357001/>



**"My entire life has been stolen from me.
My privacy has been taken from me.
I'm humiliated daily.
It's a living hell."**

-- Stalking Victim

Greenberg, A. (31 Jan 2017). Spotted Birds' Accounts turned One Man's Life into a 'Living Hell.' Wired Magazine. <https://www.wired.com/2017/01/grinder-lawsuit-spoiled-accounts/>

Stalking targets a specific person (or persons).



Stalking is a **PATTERN**

- Not a single incident or “one off” event
- Called a “course of conduct” in most stalking laws



PART 2

Name It

Brainstorm: Stalking Behaviors



SURVEILLANCE

*watching, following,
gathering information*



INTIMIDATION

*Threatening and/or
scaring the victim*



LIFE INVASION

*Showing up in the
victim's life*



INTERFERENCE

*Sabotaging, attacking,
or otherwise changing
the victim's life*



SURVEILLANCE

Examples

- Following or checking in on (on foot, in a car, online)
- Watching/waiting places victims might be
- Planting and/or accessing a camera, GPS, and/or recording device
- Keeping track of the person's online/social media activity, researching them
- Hacking into accounts and/or monitoring someone's devices
- Asking friends/family/colleagues about the person



LIFE INVASION

Examples

- Messaging, texting, e-mailing, and otherwise contacting across platforms
- Calling the person's phone, including hang-ups
- Contacting other people close to the victim
- Showing up – in public (workplace, gym) and private (victim's home) spaces
- Joining groups/communities the victim is a part of (PTA, religious groups)
- Leaving gifts/packages/notes for the victim
- Spreading rumors and/or misinformation



INTERFERENCE THROUGH SABOTAGE OR ATTACK

Examples

- Hacking/tampering with accounts (financial, workplace, e-mail, social media)
- Impersonating the victim online
- Forced confrontations (like standing in the apartment hallway)
- Damaging property
- Sabotaging through spreading rumors, public humiliation, or otherwise ruining reputation
- Causing trauma and/or physical injury that the victim needs to spend time and resources to address
- Custody interference



INTIMIDATION

Examples

- Verbal, written, and/or online threats to hurt, embarrass, or otherwise cause harm
- Direct/explicit threats (“I will hurt you”)
- Indirect/implicit threats (“remember when you told me that secret?”)
- Sending third parties to watch/intimidate
- Symbolic violence (like scary gestures) and property damage (like slashed tires)
- Blackmail/threats to release intimate or private photos, messages, or information
- Threats to hurt oneself and/or the victim’s loved ones (roommates, friends, family, pets, etc.)
- Forced confrontations, like standing in the hallway

Stalking Prevalence

More than

1 in 6 women



&

More than

1 in 17 men



experience **stalking** in their lifetimes.

Stalking Dynamics

Women are more likely than men to experience stalking.

The majority of victims report that the offender is male - regardless of the victim's sexual orientation.



Cantor, D., et al. (2020). Report on the AAU Climate Survey on Sexual Assault and Sexual Misconduct. Westat.

Black, M.C., Basile, K.C., Breiding, M.J., Smith, S.G., Walters, M.L., Merrick, M.T., Chen, J. & Stevens, M.R. (2011). The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.



**Less than 40% of
stalking victims report
to law enforcement.**

Image Results for "Stalking"



stalking



All

News

Images

Books

Videos

More

Tools

Collections

SafeSearch



Stalking | Office on Women's Health
womenshealth.gov



Stalking: Know it. Name it. Stop it. | CDC
cdc.gov



how to effectively combat stalki...
theconversation.com



Stalking Behavior Patterns and Cycles ...
safeconnections.org



Stalking - Family Services Inco...
familyservicesinc.net



the only way to fight stalking ...
tehelka.com



When Stalking Becomes Apart of Your ...
safehavenofastland.org



Number of Reported Stalking Cases ...
nippon.com



Google pulls stalking apps from the ...
engadget.com



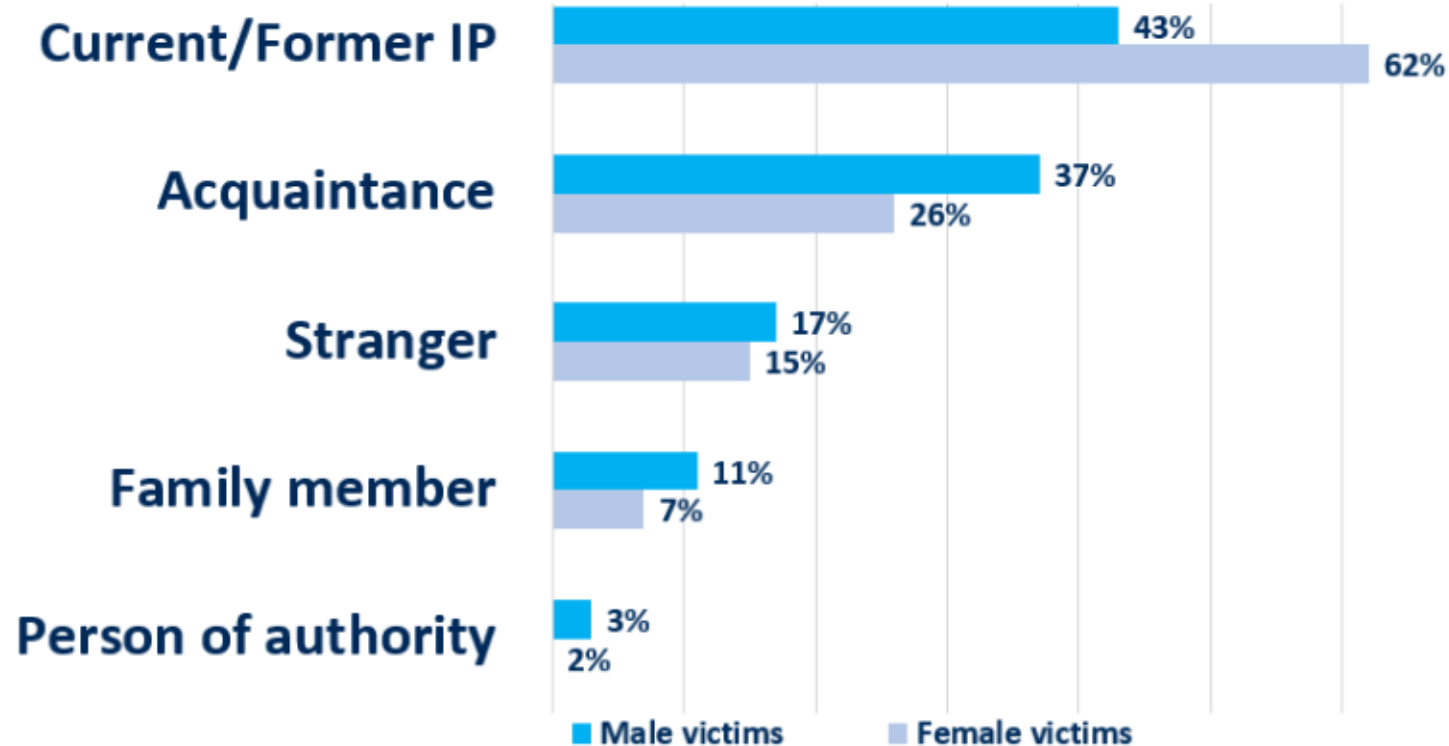
Stalking - Crime Prevention ...
uwgb.edu



In the vast majority of stalking cases,
**the victim knows
the perpetrator.**



Who are Stalkers?



On average, intimate partner stalkers pose the greatest threats to their victims.

WHY?



Group Activity

Peggy Klinke Story & Discussion



Peggy Klinke

Stalking:

Real Fear

Discussion Questions:

(5-10 Minutes)

1. What stalking behaviors did Patrick use to scare Peggy?
2. What are some examples of contextually frightening behaviors (i.e., experiences that were scary to Peggy, but may have been difficult to explain to outsiders)?
3. Why do you think Peggy's family initially thought Patrick was "just playing a game"?
4. At what point did Patrick's behavior become scary? Was there one clear moment, or would it be different for different people?
5. How did the stalking impact Peggy's life? The lives of her loved ones?

PART 3

Stop It

Don't Normalize Stalking

I'm totally Facebook stalking you and saw your new photos! So cute!

OMG thanks!

The casual use of the word “stalking” can dilute the term.

~~unrequited love.~~
~~just being awkward.~~
~~a little weird.~~
~~not a big deal.~~
~~harmless.~~
~~romantic.~~

STALKING

KNOW IT NAME IT **STOP IT**

Supporting Others



Spread the Word

ENTENDER EL ACECHO

Social Media

Más de 1 de cada 6 mujeres y 1 de cada 17 hombres son víctimas de acecho durante su vida.

UNDERSTANDING STALKING

Social Media

More than 1 in 6 women and 1 in 17 men will be stalked in their lifetimes.

unrequited love.
just being awkward.
a little weird.
not a big deal.
harmless.
romantic.

STALKING

KNOW IT NAME IT STOP IT
learn more at stalkingawareness.org

PHONE CALLS
TEXT MESSAGES
FOLLOWING
SHOWING UP UNWANTED
HARASSING BY WORDS, TRACKING, ACCOUSTIC
THREATS
HARMING ANIMALS, PROPERTY DAMAGE
FILMING WITHOUT CONSENT

IT'S DOMESTIC VIOLENCE AND
IT'S STALKING.
BEFORE, DURING AND/OR AFTER A RELATIONSHIP.

KNOW IT NAME IT STOP IT
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JANUARY IS
— NATIONAL —
STALKING
AWARENESS MONTH
KNOW IT. NAME IT. STOP IT.

How are you planning to spread the word?

LEARN * TEACH * SHARE * REFLECT

StalkingAwareness.org

**What will you do to
address stalking?**

For Help Locally

[Optional: insert local resources here]

Learn More at

www.StalkingAwareness.org

Fact Sheets & Infographics

Awareness Resources & Videos

Practitioner Guides

Webinars



@FollowUsLegally

SPARC

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www.StalkingAwareness.org

THANK YOU!

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